



Reception For Family Of Artists

Arts for ACT Gallery will hold an opening reception and meet-the-artist session for a family of artists during Art Walk on Friday, June 4 from 6 to 10 p.m. The exhibition will feature abstract resin pours and realism from three generations of artists from one family; Pat Cleveland (posthumous), a donator to Arts for ACT for over 28 years; her daughter, Bonnie Turner; and her grandson, Brock Turner. New works from the gallery co-op artists will also be on display.

At age 3, Cleveland copied a painting on her mother's easel, and this started a lifelong passion to paint. She graduated from the Pratt Institute of Design in New York and was an interior designer until she retired. Upon retirement, Cleveland began to paint and was an award-winning artist. She had several solo exhibits across the United States, producing mostly realistic art.

As Cleveland aged, she was diagnosed with macular degeneration and soon became legally blind. Her love of painting continued, but her style changed to abstract realism, becoming a looser painter with more vivid colors. Seeing



Florida Vibes by Bonnie Turner

Images provided

an ad in an art catalog for acrylic pour paints, she became inspired and, at age 85, explored the wonderful world of YouTube. While watching acrylic pour videos, she sent her daughter Bonnie to the store for supplies. This began the painting of a three-generation family.

With a construction background, Brock Turner soon began teaching the



Florida Panther by Pat Cleveland

creative ways to produce an acrylic pour and to have fun as an artistic family until Cleveland passed away in December 2019. The Turners continue to paint. They began posting to Instagram and have taught acrylic pour classes. Brock has started his own YouTube Channel

and posting on TikTok.

This exhibit will be on view through Monday, June 28.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, visit www.artsforactgallery.com. ✨



Chris Wallin

photos provided

A Country Music Weekend In Store

Popular country music star Chris Wallin will perform with Billy Dean at the Players Circle Theatre on Friday and Saturday, June 4 to 5. The Friday performance begins at 8 p.m.; Saturday's show is at 7 p.m. Ticket prices range from \$35 to \$75.

Wallin has established himself as one of



Billy Dean

Nashville's most sought-after songwriters. He began writing songs at age 12 and has worked hard to achieve his place on the "A List" of Nashville songwriters. He has topped the charts with classics in the making for the industry's biggest stars. Artists who have cut Wallin's songs include Kenny Chesney, Garth Brooks, Trace Adkins and Toby Keith.

Dean first gained national attention on TV's Star Search in 1990. The Grammy-winning artist has mastered the art of

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Blue Star Memorial Dedication



The first Blue Star Memorial Marker on Fort Myers Beach

photo provided

The Estero Island Garden Club is honoring veterans with a Blue Star Memorial Marker, which will be unveiled next to the entrance of the Fort Myers Beach Library on Saturday, May 22 at 10 a.m. Service members, veterans, family and friends are welcome to attend the ceremony.

The blue star was used on service flags to denote a service member fighting in the war. The program has since been expanded to include memorial markers and memorial by-ways. Since 1994, these markers have been used in national cemeteries,

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Historic Downtown Fort Myers, Then And Now:

Lofton’s Island Gets A Makeover



by Gerri Reaves, PhD

Just off the downtown riverfront lies an island with a new name, Legacy Island, and a newly defined future. But what is the legacy of that spoil island, which for decades has been the topic of redevelopment dreams – some of them a bit zany?

Jesse Lee “JL” Lofton created his namesake island while working on a federal dredging project to deepen the waters in the Caloosahatchee River from Punta Rassa to Fort Thompson from 1910 to 1912.

He deposited the “island” west off the downtown riverfront and declared squatter’s rights.

As his 1949 obituary summed up his career, Lofton built numerous bridges and seawalls in the area, including the bridges between Sanibel and Captiva and between the mainland and Fort Myers Beach.

In 1911, he built a three-bedroom house on the newly created island and he, his wife Florence and daughter, Zelma, moved there. Zelma rowed into downtown to attend school.

The circa-1920 photo shows the island during the family’s residence, when it was populated by numerous palms.

In 1948, Lofton sold the island for \$4,000 to Tom Phillips, who quickly flipped it.

In 1949, it was marketed as a three-acre island with rights to fill up to 10 acres. (Note that the island’s acreage above water fluctuates, a warning sign to anyone wanting to develop it.)

That same year, a fire of undetermined origin swept the island, destroying the frame house and damaging most of the invasive Australian pines.

In 1950, Phillips sold the five-acre island to A. Lowell and Elinor Hunt for \$7,500.

Lowell Hunt was a well-known author of the book *Florida Today* (which had just been published by Scribners) and articles in national magazines such as *Collier’s*, *Pageant*, *American Weekly*, *Parade* and *Coronet*.



This 1950 photo of Lofton’s Island was taken eight months after author A. Lowell and Elinor Hunt bought it. The island was then overrun with invasive Australian pines. Upper left is the Fort Myers Yacht Basin. photo courtesy Tampa-Hillsborough County Public Library System



Circa 1920, when JL Lofton’s family lived on the island, palm trees abounded. In the background is the Fort Myers waterfront photo courtesy Florida State Archives



Lofton’s Island today, as seen from the foot of Hendry Street, now cleared of exotic plants photo by Gerri Reaves

The couple built a much larger house on the island and electrified it via an underwater cable. It was to be a home and writing retreat.

The Hunts planned to remove the exotic Australian pines and plant coconut palms, citrus trees and other tropical shrubs.

The circa-1950 aerial photo pictures the island the year of the sale. In the southward view, the Fort Myers Yacht Basin is visible in the upper left.

One might say that the zany development dreams really began in 1950, because Hunt also considered exercising his right to fill the island to 10 acres, erecting a retaining wall and building a road to connect the island to the Edison Bridge.

The road-to-the-bridge idea was quashed in December 1950, however, when the State Road Department revoked and canceled the permission it had granted in 1930, the year the bridge was completed.

Twenty years later, traffic had grown exponentially, making such a project unthinkable.

Through the decades, the island has changed ownership several times, and there

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THE RIVER

WEEKLY NEWS

FROM THE BEACHES TO DOWNTOWN FORT MYERS

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Graphic Arts/ Production
Ann Ziehl, Manager
Amanda Hartman
Willow Peterson

Reporters
Gerri Reaves, PhD
Kathy Kurtz Ferrari

Contributing Writers

Kay Casperson	Capt. Matt Mitchell
Suzy Cohen	Trinette Nelson
Linda Coin	Howard Prager
Marcia Feeney	Julie Rosenberg, MD
Katie Frederic	J. Brendan Ryan, CLU,
Shelley Greggs	ChFC, MSFS
Tom Hall	Di Saggau
Marion Hauser, MS, RD	Jeanie Tinch
Ross Hauser, MD	Allison Havill Todd
Craig R. Hersch	



From left, Jeff Broome, Janet Bartos and students from Fort Myers Christian School photo provided

Students Help Homeless Families With Care Kits

Fort Myers Christian School (FMCS) National Junior Honor Society (NJHS) students created a GoFundMe page and built care kits to help people experiencing homelessness in Lee County.

Earlier in the school year, NJHS students discussed the best way to help the community during the COVID-19 pandemic. Students were passionate about helping the homeless and met with Janet Bartos, executive director of the Lee County Homeless Coalition, who shared over a Zoom call what homelessness looked like in Lee County and suggested different ways they could help.

NJHS students raised \$604 to build care kits. They decided the kits needed to include three necessities: food, toiletries and a bible for spiritual support. Students created a list of items on Amazon to purchase these items along with reusable drawstring bags.

After budgeting, students were able

to create homeless kits that included a toothbrush and two tubes of toothpaste, waterless shower kits, deodorant, a bible, bug spray, a first aid kit, a \$25 Publix gift card and a personal note of encouragement. NJHS students hand-delivered the kits to Bartos at the Lee County Homeless Coalition.

“This has been a great experience for our students to go through the process of budgeting, choosing items and putting together homeless kits,” said Jeff Broome, NJHS coordinator for Fort Myers Christian School. “Our students learned more about what is happening in their community and how they could help others in their time of need.”

“We are proud of the way NJHS students raised funds and care kits for families facing hardship in Lee County,” said Bartos. “Our community is facing challenges we’ve not experienced before, and every young person who got involved through this effort has impacted the future of our community. The actions of NJHS students at FMCS give me hope for our future in Fort Myers.”

For more information, visit www.fortmyerschristianschool.org or www.leehomeless.org.

Limited Spaces For Lee Parks Summer Camp

Lee County Parks & Recreation has a limited number of spaces available at various sites for summer camp. Registration for these additional spots opened on May 17.

Summer camp runs for five weeks – June 28 through July 30. Camp is offered on a weekly basis. Cost for each week is \$75 per participant.

To register for camp on May 17, visit www.leeparks.org or call 533-7275.

Available spots vary for each week at each location. The seven locations are:

Boca Grande Traditional Camp – 7:30 a.m. to 6 p.m. (kindergarten through fifth grade), 131 First Street West, Boca Grande

Estero Traditional and Middle School Camp – 7:30 a.m. to 6 p.m. (kindergarten through eighth grade),

9200 Corkscrew Palms Boulevard, Estero

Lakes Park Exploration Camp – 7:30 a.m. to 6 p.m. (ages 8 to 13), 7330 Gladiolus Drive, Fort Myers

Matlacha Traditional Camp – 7:30 a.m. to 6 p.m. (kindergarten through fifth grade), 4577 Pine Island Road, Matlacha

North Traditional and Middle School Camp – 7:30 a.m. to 6 p.m. (kindergarten through eighth grade), 2000 North Recreation Park Way, North Fort Myers

Olga Traditional Camp – 7:30 a.m. to 6 p.m. (kindergarten through fifth grade), 2325 South Olga Road, Olga

Veterans Park Traditional and Middle School Camp – 7:30 a.m. to 6 p.m. (kindergarten through eighth grade), 55 Homestead Road South, Lehigh Acres

For more information about Lee County Parks & Recreation locations and amenities, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com.

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Fort Myers Art:

Bonita Film Festival Screens This Weekend



by Tom Hall
The Bonita International Film Festival (BIFF) opens at the Hinman & Moe Auditoriums of the Center for Performing Arts on Friday, May 21 with a 5 p.m. cocktail party,

movie and a concert by the Stevie Nicks concert band NightBird. The film festival continues on Saturday and Sunday, May 22 and 23. On Sunday, it wraps up with a 5 p.m. cocktail party, movie, awards ceremony and concert featuring Meet Loaf Tribute, a Meatloaf cover band, .

Friday's cocktail reception will include heavy hors d'oeuvres at 5 p.m. It will be followed by the screening of *Paint* at 6 p.m., then NightBird takes the stage at 8 p.m. to regale participants with covers from Stevie Nicks ranging from her early career with Fleetwood Mac into anthology as a solo artist.

Paint is a dramedy about three friends from art school who are struggling to start their careers in the



Bonita Springs International Film Festival begins this Friday and is all weekend long
photo courtesy www.artswfl.com

bizarre New York City art world while trying to figure themselves out and get by economically. Written and directed by Michael Walker, the film stars Josh Caras (*The Highwaymen*, *The Glass Castle*), Olivia Luccardi (*Channel Zero: Butcher's Block*, *It Follows*) and Paul Cooper (*The Gifted*, *Westworld*).

Premium tickets for the evening are \$75. If you only want to catch the concert, tickets are \$38 to \$45.

Over Saturday and Sunday, BIFF will present more than 60 carefully curated

narrative, documentary, animation and short films from around the world. Along with associated workshops, demonstrations and panel discussions with writers, directors, producers and actors, the festival offers a wealth of experiences for all ages – consistent with the Centers for the Arts' conviction that "through the art of cinema we foster a community that is more informed, more aware and more alive."

Among the screenings are two packages of short films. One of the films included in Shorts Package 2 is *The Wild Divide*, a documentary produced by Florida Wildlife Corridor about the importance of maintaining effective wildlife corridors along the Lake Wales Ridge, an ancient ribbon of sand dunes that is a hotspot for biodiversity found nowhere else in

the world.
Shorts Package 2 begins at 4:15 p.m. on Sunday in Hinman Auditorium. *The Last Sermon*, which begins at 6 p.m. on Sunday, is a documentary that highlights filmmakers traveling across Europe to uncover the truth about Islam and terrorism. Visiting refugee camps and mosques, they encounter dynamic characters, healing music and an unpredictable tragedy that changes and heightens their quest.

Cost for the closing night cocktail party, film, awards ceremony and concert is \$65. For the full inclusive ticket, a festival badge costs \$200, and includes opening and closing nights festivities and 10 additional films.

Now in its sixth year, BIFF is the culmination of a journey that began in 2008, when Centers for the Arts Bonita Springs (CFABS) launched its Film for Film Lovers series. In 2012, the center added its Foreign Film Series, which was followed in 2015 by the impressive Southern Circuit Tour of Independent Filmmakers and ultimately the exciting Bonita Springs International Film Festival in 2016.

As in years past, BIFF will screen films in both the 200-seat Moe Auditorium and Film Center and 400-seat Hinman Auditoriums at the Center for Performing Arts' facilities, located at 10150 Bonita Beach Boulevard in Bonita Springs.

BIFF sponsors include LaQuinta Inns & Suites, WGPU, Lee County Visitor & Convention Bureau and Culture Builds Florida.

For more information, full schedule and tickets, visit www.artcenterbonita.org/biff/index.html or call 495-8989.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.*

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From page 2 Historic Downtown

has been no shortage of plans to develop – and even rename -- the island.

Projects ranged from making it a "tower of light" tourist attraction and memorial to Thomas A. Edison to making it a public park or restaurant, marina site, or a resort.

In the early 1960s, it was puzzlingly zoned for the first time in history – as a motel and apartment site – and in 1971 rezoned from residential to business.

In 2007, a *The News-Press* article touted it as "a piece of paradise" – nine acres for \$9 million.

Now, three partners have bought the three-acre island, cleared the garbage and nonnative and invasive plants, and plan to develop it as a daytrip destination.

Walk to the downtown riverfront to see the latest developments on a 110-year-old spoil island, the stuff of many unfulfilled dreams.

Then visit the following research

centers to learn more about the man who created his own island.

Hours might be affected by the coronavirus pandemic, so call first.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, *The News-Press* and *The Story of Fort Myers* by Karl H. Grismer.*

OBITUARY



ALEXANDER SCOTT LOGAN

Alexander Scott Logan, 81, died on April 28, 2021 at his home in Fort Myers, Florida from complications of long-standing heart disease.

He was born on May 14, 1939 in Harrisburg, Pennsylvania, the son of Drs. Edward Bates and Louise (Reichenburg) Logan. He graduated from Susquehanna High School in 1956 and the U.S. Naval Academy in 1960. He furthered his education at the

University of Pennsylvania Law School, the College of Financial Planning and Boston University School of Law, and was a litigation attorney before becoming involved in the world of finance.

As a graduate of the U.S. Naval Academy, Scott spent four years on active duty with the U.S. Navy, then transitioned to the Navy Reserves. He held positions on several destroyers including weapons officer, chief engineer, executive officer and commanding officer as well as commanding officer assignments on coastal and ocean-going minesweepers. He was especially proud of his assignments as commander of the Icelandic Defense Force, commander of the Maritime Prepositioning Force, and deputy commander of the Naval Surface Forces, Atlantic. After 37 years with the Navy, Scott retired in 1993 as a two-star rear admiral.

While he continued his career with the Navy Reserves, he began to simultaneously work in financial services, a career that spanned more than 40 years, with an emphasis on retirement plans, variable annuities and mutual funds. He started as in-house counsel and compliance attorney for J&W Seligman Co., and from there he went on to become a vice president of Massachusetts Financial Services (MFS), where he was responsible for financial plans and services. In 1986, Scott partnered with H. Douglas Wood to form Wood Logan Associates, Inc.,

an independent wholesale marketing and sales organization dedicated to the distribution of variable annuities.

As he left official work and proclaimed, "I'm going fishing and I'm not coming back," Scott really didn't retire, but instead became engaged in a number of endeavors involving the financial services industry, the U.S. Navy and personal business. One of his interests involved being a founding member of the National Association for Variable Annuities (NAVA), to which he was inducted into the NAVA Hall of Fame in 1999. Other new ventures involved acquiring a ranch in Florida to grow oranges and raise beef, and buying a mountain in North Carolina to develop. Scott's well-worn daily planner was still being actively used in his final days.

Scott rounded out his life by actively participating in the work of a number of charitable organizations. In addition to serving as a director on several nonprofit boards, his most notable collaboration was with the National Multiple Sclerosis Society. He was honored to be the recipient of the MS Society Hope Award in 1999 for his significant work and contributions toward the research and treatment of multiple sclerosis.

Scott is survived by his wife Susan (Thompson) Logan and his sons Dr. Kent Logan and his wife Kathleen and grandson Alexander of Portsmouth, New Hampshire, and Lance Logan and his wife Jennie and granddaughter

Lauren of Fort Myers, Florida. He is also survived by his sister Diane de Terra and his nephew Luc Logan of Burlington, Vermont; and step-daughter Samantha Didio and her husband James and their children James and Gemma of Fort Myers, Florida.

Scott was predeceased by his first wife Shirley (Yontz) Logan in 1991, with whom he raised his two sons in Scituate, Massachusetts, and by his grandson, Brody Logan, who died in 2011.

In lieu of funeral services and to honor Scott, memorial donations may be made to The Little Red Wagon Fund at Golisano Children's Hospital of Southwest Florida in memory of Brody MacKnight Logan at www.leehealthfoundation.org.*

Continental Women's Club

The Continental Women's Club will hold a luncheon meeting at The Hideaway Country Club on Thursday, June 3 at 11:30 a.m. The program will include musician Richard Watts, who will entertain with accordion music and life stories.

Tables are socially distanced and masks are required. Cost for the luncheon is \$24.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. For more information, call Liz Paul at 691-7561.*

Forensic Medicine Partnership Marks Anniversary

The Florida Fish and Wildlife Conservation Commission (FWC) Forensics Laboratory recently marked the one-year anniversary of its collaboration with the University of Florida (UF) Maples Center for Forensic Medicine. The FWC's Division of Law Enforcement has expanded its forensic science component with the ambition of becoming nationally recognized as a premier wildlife forensic sciences program.

In 2020, the FWC entered a collaborative agreement with UF, and together, they are developing the laboratory into a leading full-service wildlife forensics facility with access to analytical capabilities in the areas of DNA and molecular biology, entomology, botany, pathology, osteology and toxicology. The FWC plans to provide access to these forensic sciences services, as the unit expands, to outside agencies and states without wildlife forensics capabilities of their own.

"Our division first teamed up with UF in 1996 to develop DNA assays used in deer poaching cases. Making this long-standing relationship between FWC and the University of Florida an official partnership last year was very exciting,"

said Lt. Col. Gregg Eason of FWC Division of Law Enforcement. "The FWC is confident this unit will provide our officers and investigators with timely forensic capabilities that will augment our criminal case preparations. We must do all we can to stay one step ahead of those who choose to steal Florida's valued fish and wildlife resources."

A year into this collaboration, the UF/FWC forensic lab has already processed over 20 cases. Most have involved the genetic profiling and gender determination of poached deer, genetic profiling of turkey and species identification, and morphological analyses of fish remains.

"Both the FWC and the University of Florida are looking forward to the future possibilities of this new and expanding collaboration, and we are hopeful it can be a model for wildlife agencies and universities throughout the United States," said Associate Director Jason H. Byrd, PhD, of Maples Center for Forensic Medicine.

The UF project is managed by Byrd and Ginger Clark, MS. Each have more than 25 years of experience in the application of forensic sciences to wildlife crime. Newest to the team is Eileen Roy-Zokan, PhD, who began as a research scientist with FWC in April 2020. For more information regarding the program, visit <http://maples-center.ufl.edu/2021/01/08/fwc-maples-center-partnership-for-wildlife-forensic-sciences>.*

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Jordan Ashley Gutheim photo provided

Foundation Commemorates Its Fifth Year

Jordan Ashley Gutheim, a 20-year-old Evangelical Christian School graduate and junior at Florida State University (FSU), and her boyfriend Benji Piechoczek, were killed in a car accident on May 12, 2016 by a careless truck driver.

The Jordan Ashley Gutheim Foundation was formed to spread

“Jordan’s Blessings” which are presented annually every May to honor Jordan’s life. The foundation recently announced its fifth annual Jordan’s Blessings to total \$60,000. The foundation funded and completed in advance its multi-year blessings to two non-profit organizations: \$30,000 to Valerie’s House, which supports children who have lost a parent and the surviving spouses (The Fort Myers art room is named in Jordan’s memory); and \$16,000 to the Cape Coral Animal Shelter, a no-kill shelter, whose construction was completed last year. The Cat Wing is named in Jordan’s memory.

Over the past five years, the foundation has supported a variety of non-profits including: MADD; Lee County Sheriffs Youth Activities League Teen Drivers Challenge; Dr. Piper Center for Social Services grandparents program (senior classroom mentors); Community Cooperative (soup kitchen); Valerie’s House, While We’re Waiting (Christian based organization for bereaved parents); the Gulf Coast Humane Society; the Cape Coral Animal Shelter; the annual FSU scholarship; three mission trips and provided food to frontline worker; and healthcare heroes in three departments at HealthPark Medical Center where Jordan was born.

Jordan Walker recently was the winner of the fifth annual Jordan Ashley Gutheim Four Year Scholarship totaling \$8,000. Also, \$1,000 was donated to

Community Cooperative in honor of Sam Galloway Jr..

Jordan attended Evangelical Christian School from preschool through high school and loved the school. Jordan’s love of the school extended to its teachers, students, athletics (playing both varsity soccer and track) and student government. For the fourth year, \$5,000 was presented to the Lee County Sheriffs Youth Activities League for the Teen Driver Challenge class. Seniors at ECS take the class and learn how to keep safe on the roads. The Jordan Ashley Gutheim Foundation donated the blessing in loving memory of three of her classmates Jordan Sadler, Jon Valentin and Joe Marcelek who died in a car crash in June 2014.

Over the last five years, Jordan’s foundation has donated \$275,160. The fund supports the passions that Jordan shared: animal safety, the elderly, children and serving the needy in impoverished countries.

Jordan’s family is grateful to everyone who has donated to keep Jordan’s memory alive and helped support all that she loved. Their love for her is never ending and, as with all parents who lose children, their grief is immense to this day.

The fund is available for anyone who would like to contribute by visiting www.bit.ly/jordanashleygutheim or sending a check to the Southwest Florida Community Foundation, 2031 Jackson Street, Suite 100, Fort Myers, FL 33901.✽

Partnership For Local Blood Drive

Midwest Food Bank of Florida will host a local blood drive with partner Lee Health on Tuesday, June 1 from 9 a.m. to 1 p.m.

If interested, sign up by emailing Marketing and Development Manager Kelly Apfel at kapfel@midwestfoodbank.org or calling 690-1722, ext 105. Although sign-up is preferred, walk-ins are welcome and participation from family, friends, co-workers, local businesses and community supporters is encouraged. All blood donated at this event will remain within Lee County to help Lee County residents in need.

“This evolving partnership with Lee Health means we can follow our core values, while also taking action to be an effective resource to people and our community in need,” said Karl Steidinger, executive director of MFB Florida.

The volunteer-driven, faith-based charity is dedicated to alleviating hunger, malnutrition and providing disaster relief locally. It currently supports over 172 local nonprofit partner agencies (churches, veteran supports, schools, shelters, mobile pantries, soup kitchens) and provided food relief to over 2.4 million hungry individuals during the 2020 COVID-19 pandemic.

Midwest Food Bank Florida is located at 5601 Division Drive in Fort Myers. For more information, visit www.midwestfoodbank.org/florida.✽

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM
For summer (June, July, August) 7:30 p.m. Friday Shabbat services every week. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9

a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcforymyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue,

481-1143.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040. *Email changes to press@islandsunnews.com or call 395-1213.*✽



Yellow trumpetbush's showy clusters of flowers bloom mainly in spring and fall

photos by Gerri Reaves

Plant Smart

Yellow Trumpetbush

by Gerri Reaves

Yellow trumpetbush (*Tecoma stans*) is a member of the begonia family and native to tropical and subtropical America.

Although it was first collected in Florida in 1838 in Key West, this species is nevertheless considered nonnative by the authoritative Atlas of Florida Vascular Plants.

In fact, it is somewhat invasive and is naturalized in the Keys and in much of South Florida.

Also called yellow elder, it takes the form of a shrub or small tree, growing 10 to 30 feet tall.

The light gray or brown bark is furrowed and spongy or porous when mature. The "corky" bark aids in the exchange of gases.

The leaves have one to four pairs of leaflets and sometimes a terminal one.

Generally oval or lance-shaped, they are bright green, sharply pointed, serrated and about two to five inches long.

Clusters of up to 20 bright yellow bell-shaped flowers attract hummingbirds. They bloom throughout the year, but mainly spring and fall.

Thin reddish vertical lines are found in the flower's inner throat.

Long slender pods can be up to eight inches long. After ripening from green to brown, they split open to reveal flat winged seeds.

If you include this fast-growing ornamental in you landscape, take care because of its invasive tendency.

It will also grow in a container, but also works well as a border or screen.

Give it a well-drained spot in full sun. It can adapt to a variety of soils, but in the wild grows in dry sites and rocklands.

It is highly drought tolerant and generally pest-resistant.

Propagate it with seeds and cuttings.

It is used for various medicinal purposes, including the treatment of



When ripe and brown, the pods split to reveal winged seeds

diabetes and contains compounds that have a catnip-like effect on cats.

Sources: *The Shrubs & Woody Vines of Florida* by Gil Nelson, <https://edis.ifas.ufl.edu>, <https://floridata.com/home>, and <http://www.plantsoftheworldonline.org>.

Plant Smart explores the diverse flora of South Florida.*

Theater To Show Musical Comedy

Fort Myers Theatre is presenting the musical comedy *Bye Bye Birdie* during two weekends from Friday, May 21 to Sunday, May 30.

Performances will be held at 6 p.m. on Friday and Saturday nights, while Sunday performances are at 2 p.m. and 6 p.m. The show is directed and choreographed by Robin Dawn Ryan.

Fort Myers Theatre is located at 16120 San Carlos Boulevard in Fort Myers. For more information and tickets, visit www.ftmyerstheatre.com.*

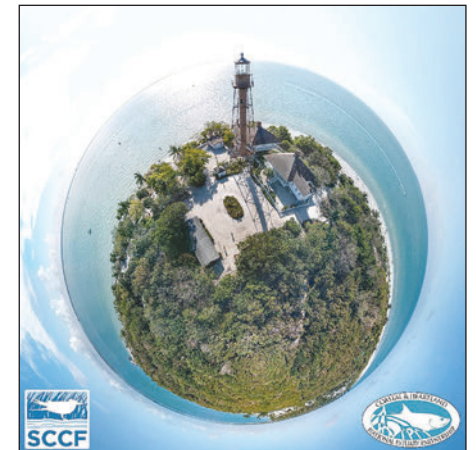


Drone shots over Sanibel photos provided

Drone In Use To Document Water Quality Changes

Sanibel-Captiva Conservation Foundation (SCCF) Research and Policy Associate Leah Reidenbach collected the first images of water quality conditions in San Carlos Bay from a drone recently purchased with grant funding provided by the Coastal & Heartland National Estuary Partnership (CHNEP).

By documenting water quality and ecological conditions, SCCF scientists are now able to track water quality visually over time. Policy staff will be able to utilize the images to make a compelling



argument for protection and restoration of our unique coastal ecosystems in Charlotte Harbor.

"Our new drone will provide high-resolution still and video images, which will be used by our scientists and policy staff to document water quality, inform the public about water conditions and support our advocacy efforts," said SCCF Environmental Policy Director James Evans.

Images collected with the drone will be incorporated into the Caloosahatchee & Estuary Conditions Report, a weekly report published in conjunction with JN "Ding" National Wildlife Refuge, City of Sanibel, City of Cape Coral and Lee County. The report provides updates on water quality and ecological conditions within the Caloosahatchee estuary and

continued on page 12



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Tarpon Tournament



by Capt. Matt Mitchell

This past week was “Ding” Darling and Doc Ford’s 9th annual Tarpon Tournament. With last year’s event canceled due to COVID-19, the big payout for the tournament had been doubled. This is the premier tarpon fishing tournament and always draws the best professional and amateur tarpon fishing teams. Competition is fierce as every captain wants to be the owner of a prized pink tarpon jacket and be part of that elite small club of winners. Prize money was \$55,000 this year in the 100 percent payout tournament.

After several days of pre-fishing with my team “Chasin Poon,” I had a game plan going into the event. This year’s weather conditions were far from favorable with northeast winds blowing over 20 mph and a cool start. Tough weather days usually favor the teams that prefer to fish in the bay and also mean a much lower fish count for the tournament. Being able to chase fish out on the beach becomes almost impossible during windy conditons.

After the start, we opted to make the long, rough run up the sound as we headed for a sheltered channel by Cabbage Key. This area was somewhat protected from the gusty wind and had tarpon moving through it all week during the incoming tide. As we set up, it didn’t take long to hear that a fish had already been caught within 15 minutes of lines in. As we sat anchored even in the choppy conditions, we did see fish moving through on the surface roughly every 10 minutes so our hopes were high.

Right around 8 a.m., we hooked up on one of the live bait rods. This smaller estimated 50-pound tarpon made several jumps and short runs as we quickly got it under control and boatside. We managed a leader touch and got confirmation we were on the board. Over a three minute period, three fish were on the leader board with ours putting us in a precarious fifth place.

Over the rest of the day, score updates would be texted



“Chasin Poon” with a fifth place finish in “Ding” Darling and Doc Ford’s Tarpon Tournament photo provided

as the number of releases slowly crept up. We did luckily manage to hold onto our fifth place spot, which was just enough to be in the money.

At the end of what was a nine-hour fishing day, only 15 tarpon were released by the 55 boats. “Tarpon Time” managed four releases and easily won the big prize. “Chasing Poon” scrapped out a 5th place finish, and Gary Biltgen, our “ace in the hole” won the senior division.

Tournaments like this are a real reality check of just how hard tarpon fishing can be. Conditions are the game changer as tarpon are simply finicky to say the least.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

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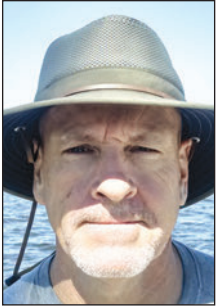
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CROW Case Of The Week:

White-Tailed Deer



by Bob Petcher

While a white-tailed deer (*Odocoileus virginianus*) is brown or tan in the summer and grayish brown in the winter, fawns at birth are reddish-brown with white spots for camouflage. They can walk at birth and forage for food a couple of days later.

At CROW, an infant female white-tailed deer was admitted after being found on the side of the road in LaBelle. Upon examination, veterinarians found some small road rash abrasions. The fawn was standing well, but presented with a thin body composition score. Hospital staff was unsure if the fawn was actually hit by a car, but suspect its mother may have been hit, which left the fawn orphaned.

The patient received four to five feeds each day and, because of her young age, she still needed stimulation to go to the bathroom.

"The fawn was fed a milk replacer with similar nutrients to what she would be getting in the wild," said CROW Rehabilitation Manager Breanna Frankel. "The fawn only weighed five pounds when it was admitted to the clinic. By the time it was transferred, it was up to six pounds. Typically, this size indicates a very young fawn that was recently born within the past week or so, but we have to take into consideration that this fawn was quite thin and the weight was not entirely representative of the age. Therefore, this fawn was likely one to two weeks old."

The rehabilitation staff coordinated a transfer so she could grow with other fawns in an environment



Patient #21-2229 during one of her many feeds

photo by Haillie Mesics

with limited human interaction. She was transferred on May 8 and will be released back to the wild once she is the appropriate age and size.

"The fawn was transferred to Creature Safe Place

Inc. in Fort Pierce. Their facility raises several fawns at a time and it is best for young fawns to be raised together to prevent habituation," said Frankel. "By the time the fawn left, she was down to four milk feeds a day. That weaning process will continue at Creature Safe Place Inc. until she begins to develop her teeth and can be weaned onto grasses, hay and other appropriate wild deer diet."

This is not the first time CROW has worked with this facility on the Florida east coast.

"Creature Safe Place has helped us twice so far this year – with this fawn and a great horned owl that needed to be raised among others. Last year, they took in five of our patients: one white-tailed deer, two sandhill cranes and two northern river otters," said Frankel. "They have excellent success with these species, and we are grateful for their help. In all situations, we transferred to them because they had several of the same species, and those particular species do better when they aren't raised alone."

Partnerships, such as this one, are extremely beneficial to all wildlife.

"We are grateful beyond belief for our partnership with Creature Safe Place Inc. and all the other facilities that work with us," said Frankel. "By being able to transfer this fawn, we can ensure it is getting the appropriate care and being raised with others. We always want to do what is best for the animal, and that doesn't always mean keeping them at CROW. We have to think about their development and what they need to learn – we are not always capable of teaching that."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

Vaccinations Now Open To Ages 12 To 15

With the recent approval of the Pfizer-BioNTech vaccine for 12-15 year-olds, Lee Health is now offering appointments to this age group. Schedule your appointment online only at www.leehealth.org. You do not need to be a Lee Health patient; the clinic is open to everyone in the community.

"It is so important to get our kids in to get the COVID-19 vaccine, so that we can get as many students vaccinated as possible before the next school year starts," said Dr. Larry Antonucci, president

and chief executive officer of Lee Health. "We are urging all parents to please bring their children in to get this potentially life-saving vaccine."

A parent or authorized guardian must accompany a minor for vaccination. A mask is required to enter any Lee Health facility.

"As a pediatric infectious diseases physician, I really want to encourage parents to vaccinate their children for COVID-19 as soon as they're able," said Dr. Stephanie Stovall, interim chief of quality and patient safety for Lee Health. "We have years of research and data on this type of vaccine, and it is safe and effective."

For more information, visit www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html.

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Leadership Class To Explore Area Counties

Participants of the 23rd class of Leadership SWFL dove through obstacles, shared professional aspirations and sweat through the ice at their retreat hosted by SWFL Inc. last week.

The Leadership SWFL program will take its cohort of 25 area professionals on day trips around Lee, Collier and Charlotte counties over the next year to help them better understand issues facing Southwest Florida and become stewards of the community. This year's class is made of professionals who work from Marco Island to Punta Gorda and work in a variety of industries including healthcare, government, law, media, nonprofit and education.

The 23rd Class of Leadership SWFL is as follows:

Marshall Bender, Dentons, Cohen & Grigsby PC

John Bodner, Lee County Tax Collector

Justin Brand, Charlotte Community



The Leadership SWFL class bonded during its May retreat through obstacles at the Bonita Springs YMCA photo provided

Foundation

Jennifer Denike, WGPU Public Media at FGCU

Anthony DeVicaris, MetLife Investment Management

Kaitlin Greenockle, The News-Press/Gannett

Michael Houck, Houck Dermatology
Bryan Hunte, DC, Advanced Spineworks

Christopher Jeffray, Gilbane Building Company

Lisa Kiddon, Alzheimer's Association of the Florida Gulf Coast

Mary Beth Link, Monzingo Legal Search

Angie Manley, Hodges University
Matthew W. Mathias, MAI Capital Management, LLC

James M. McDaniel, Lee County Sheriff's Office

Aimee McLaughlin, Florida Gulf Coast University

Brandon Miller, Florida House District 79

Brian Orta, Physicians Regional Healthcare System

Tony Pool, Briers CPA

Jesse Purdon, City of Bonita Springs
Jessica Rhea, Florida Gulf Coast University

Cece Schepp, Habitat for Humanity
Gina Sisbarro, Marco Office Supply

Janet A. Washburn, Bonita Springs Fire Control & Rescue District

Robert Wetzel, TLC Marketing & Creative Services

Melanie White, Fitness Goals Delivered

To learn more about SWFL Inc.'s programs, visit www.swflinc.com or call 992-2943.*

Over \$1 Million Awarded In Scholarships

The Southwest Florida Community Foundation recently granted \$1,022,350 and 146 scholarships through a competitive process to local high school students and undergraduate and graduate students from Charlotte, Collier, Glades, Hendry and Lee counties. For the third year, the foundation awarded 25 of the scholarships as multi-year awards which will help the students each year until completion.

For the 2021 scholarship season, 648 eligible students applied and their applications were reviewed by 180 volunteer reviewers.

"Once again, we really focused on making our scholarship application and review process as accessible as possible," said Sarah Owen, president and CEO of the Community Foundation. "Outreach was key to ensure we received a pool of applicants from all over Southwest Florida. Through interactive presentations, we were able to help students submit a scholarship application successfully as well as to gain a better understanding of the FAFSA form."

The foundation's process allows each applicant to submit one application and apply it to several scholarship funds they were eligible for. This enables the students to get the most out of the application process and cut down on time spent on the application, so that they can focus more on completing the school year.

The foundation also had more volunteer reviewers this year, 180,

which allowed each applicant to receive three scores from three different reviewers.

"We use our technological platform and at least three reviewers of the applications to remove any bias that may prevent an applicant from receiving a scholarship," said Malaina Mote, head of empowerment and social mobility for the foundation. "Scholarship application reviewers enjoy being able to stay connected with the youth of our community, by reading their stories and about their efforts to give back."

According to Mote, examples of some of the more unique scholarships not as highly sought after included scholarships for students with disabilities, student athletes, students pursuing a specific field of study such as teaching deaf or blind individuals, specific church membership or community service hours in a particular facility such as a veterans hospital, adult students going back to school, students from particular schools or communities, and students pursuing a graduate or professional degree.

Details of the scholarships and a list of recipients can be found at www.floridacommunity.com/2019-scholarship-recipients or by visiting www.floridacommunity.com and clicking on "Scholarships" page.

Four new scholarships awarded this year: Barbara's Friends Scholarship, Hear for You Scholarship and Stef'an Strawder-A Mother's Love Foundation Scholarship.

If you are interested in becoming a scholarship reviewer next year or starting a scholarship fund, contact Southwest Florida Community Foundation at give@floridacommunity.com or call 274-5900.*

Shredding Event In Cape Coral This Saturday

The Pilot Club of Fort Myers and the Cape Coral Police Department are holding a shredding event at the Cape Coral Police Department on Saturday, May 22 between 9 a.m. and noon.

Due to COVID-19, all those bringing paper to shred are asked to socially distance and wear a mask. Individuals will be on hand to help drivers unload their boxes to be shredded; the boxes can be returned if desired. Shredding will occur on site.

Donations of \$5 per box to be shredded are suggested. There should be no binder clips or paper clips attached to paper being shredded. All proceeds of the event will be donated to the Cape Coral Project Lifesaver Programs and the Pilot Club.

Project Lifesaver is a Cape Coral Police Department program which uses wristbands that emit a signal to help find individuals who tend to wander. The proceeds of this event will be used to help update and replace damaged or worn equipment. This technology can minimize the length of time it takes to locate a missing person/wanderer.

Unfortunately, the need for this program will not dwindle with time, but increase due to the growing number of people diagnosed with autism spectrum disorder, Alzheimer's disease and dementia.

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education

and financial support.

The Cape Coral Police Department is located at 1100 Cultural Park Boulevard in Cape Coral. For more information, email at jodyvanc@gmail.com.*

Water Quality Improvement Project Approved

The South Florida Water Management District Governing Board unanimously approved the Lower Kissimmee Basin Stormwater Treatment Project, a large-scale water quality improvement project. Located north of Lake Okeechobee, the project will improve the quality of the water flowing into the lake and support ongoing restoration goals for the Lake Okeechobee watershed.

The project will capture water from the Kissimmee River and runoff while reducing the nutrient pollution in several basins such as the S-154 Basin in the Taylor Creek/Nubbin Slough Subwatershed that flow into Lake Okeechobee. This subwatershed typically has one of the highest phosphorus loads of any watershed flowing into Lake Okeechobee, and the S-154 Basin typically has one of the highest phosphorus loads of any basin in that subwatershed.

Improving water quality and protecting water resources remain top priorities at the district, which continues to work to remove and reduce nutrient pollution from entering natural systems.

The project will be managed by the South Florida Water Management District and funded by the Florida Department of Environmental Protection.*



Members of the Community Shred Day truck group

photo provided

Shred Day Breaks Record, Benefits United Way

Markham Norton Mosteller Wright & Co., PA (MNMW) hosted a record-breaking fundraiser with its fifth Community Shred Day to benefit the United Way of Lee, Hendry, Glades, and Okeechobee Counties. The firm partnered with Secure Shredding, Inc. to host this free annual event.

More than 130 cars stopped by during the three-hour event, and over

\$1,400 was raised for the United Way. Additionally, visitors donated canned/non-perishable goods, new/gently used clothing and other items to help those in need.

"We were amazed at the turnout this year for our annual Shred Day. We've seen this event grow each year," said Jessica Walker, MA, APR, CPRC, marketing and public relations manager/consultant at MNMW. "We are happy to bring a heightened awareness to the United Way while also helping those in our community dispose of their personal documents safely and securely." ✨

New Program To Help With Advanced Illness

Hope Healthcare has introduced Hope First, a program created to provide comprehensive care to better serve Medicare beneficiaries with complex and chronic illness through a new care model from the Center for Medicare and Medicaid Innovation (CMMI).

To participate in CMMI's new model of care, Hope has joined with six of the nation's largest and well-known nonprofit advanced illness providers to form Advanced Illness Partners (AIP). AIP is among 51 entities nationwide designated to participate in this new CMMI program that are committed to providing high-value, comprehensive care to high-need Medicare beneficiaries and accepting risk for the most complex patients in the U.S. healthcare system.

"Through Hope First, we'll use our experience providing home-based, community-oriented, coordinated care for those with advanced illness," said Samira K. Beckwith, president and CEO of Hope Healthcare. "We'll also have an opportunity to share our best practices with our partners in the program."

AIP organizations have provided home-based care in a cost-efficient

manner for many years. Now, in light of the COVID-19 pandemic and the aging in place preference for many seniors, AIP will demonstrate how effective this model of care can be in meeting patients' needs.

Hope was selected to participate in AIP based on its success with its Program for All-Inclusive Care for the Elderly (PACE) and its Hope Choices Medicare Care Choices Model (MCCM). AIP is comprised of seven organizations that have nearly a combined 250 years of experience in caring for those with advanced chronic illness through largely home-based, community-oriented care in Arizona, Florida, Washington, DC, Virginia, Ohio, Nevada and Oregon. The seven partner organizations currently serve over 60,000 Medicare beneficiaries annually.

Eric DeJonge, director of geriatrics at Capital Caring Health and chief medical officer for Advanced Illness Partners, said, "We're excited to participate in CMMI's innovative program to bring advanced illness care upstream and serve patients with complex, chronic disease in the home setting for the long-term. As nonprofit providers, our network allows us to remain community-based while also sharing best practices and economies to scale to invest in tools that help us improve care and lower costs of care for high-needs patients."

For more information, visit www.advancedillnesspartners.org. ✨

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Book Review

Poems From Paradise And Beyond



by Di Saggau

Jim Weyant has been an active retiree on Sanibel since 1978. He has always loved Sanibel's environs sense of community and friendly atmosphere. When COVID-19 arrived, he started writing poetry at age 81. He expressed his thoughts about the island, love of country, of friends, social issues, thoughts that pass between two people and more. His book is a delight to read. Beautiful thoughts exist in his poems. I'll give you a few lines from some of his writings.

Sanibel – "Nature in peaceful harmony with man, the perfect spot for a day without a plan."

The Bean – "Folks just don't pop in for a shot of caffeine, rather it's an oasis where friends convene."

Heaven's Gate – "The sign along the road reads Causeway Ahead, but it's no ordinary bridge so don't be mislead."

A Bailey's Daily – "The locals eager to stop and chat, it's always such a cheery spot, the friendly folks working

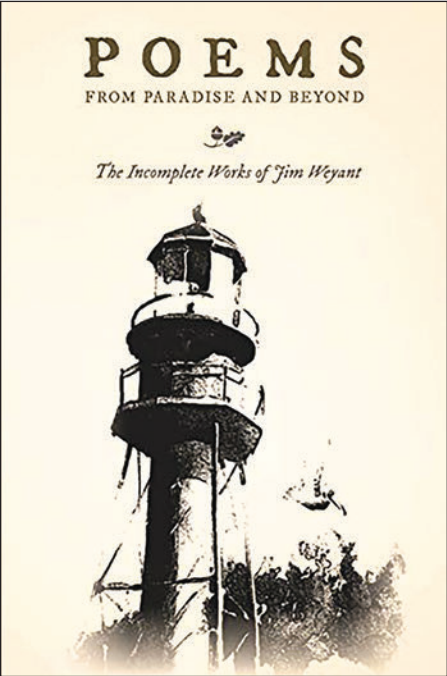


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there feel like family and I like that a lot."

Six Feet Below – "Better six feet apart than six feet below, I am not that smart, but this much I know."

Yesterday, Today and Tomorrow – "Yesterday I loved you, I could not have loved you more. Today that love dwells even stronger than before, and come tomorrow I will love you as never afore."

The last passage is a complete poem, all the others are excerpts from

much longer poems. There are over 155 special poems in the book. Every poem carries a message of some sort, and anyone with a love of Sanibel will especially enjoy them. But *Poems From Paradise and Beyond* can be appreciated

by all. The author says the book is "The Incomplete Works of Jim Weyant." I hope that means another book is on the horizon. You can find the book on Amazon or at Gene's Books, MacIntosh Books and Bailey's General Store.✧

School Smart



by Shelley M. Gregg, NCSP

Dear Readers, May is National Mental Health Awareness Month. It's a time to reflect about what we do as parents that support our children's mental health. Experts define good mental health as not only the absence of psychological or behavior problems, but also the presence of wellness or psychological health. For example, self-esteem, self-acceptance, resiliency and effective coping skills contribute to mental health and good behavior in students. While families provide the primary support for developing children's mental health, schools play an important role working with students and families.

I have posted some suggestions for you on how to support your child's mental health. These suggestions can guide you to make good decisions with and for your child, and his or her positive mental health.

Create a sense of belonging – Feeling connected and welcomed is essential to children's positive adjustment, self-identification and sense of trust in others and themselves. Building strong, positive relationships among students, school staff and parents is important to promoting mental wellness.

Promote resilience – Adversity is a natural part of life and being resilient is important to overcoming challenges and good mental health. Connectedness, competency, helping others and successfully facing difficult situations can foster resilience.

Develop competencies – Children need to know that they can overcome challenges and accomplish goals through their actions. Achieving academic success and developing individual talents and interests helps children feel competent and more able to deal with stress positively. Social competency is also important. Having friends and staying connected to friends and loved ones can enhance

mental wellness.

Ensure a positive, safe home and school environment – Feeling safe is critical to students' learning and mental health. Promote positive behaviors such as respect, responsibility and kindness. Prevent negative behaviors such as bullying and harassment. Provide easily understood rules of conduct and fair discipline practices and ensure an adult presence in common areas, such as hallways, cafeterias, locker rooms and playgrounds. Teach children to work together to stand up to a bully, encourage them to reach out to lonely or excluded peers, celebrate acts of kindness and reinforce the availability of adult support.

Teach and reinforce positive behaviors and decision-making – Provide consistent expectations and support. Teaching children social skills, problem solving and conflict resolution supports good mental health. "Catch" them being successful. Positive feedback validates and reinforces behaviors or accomplishments that are valued by others.

Encourage helping others – Children need to know that they can make a difference. Pro-social behaviors build self-esteem, foster connectedness, reinforce personal responsibility and present opportunities for positive recognition. Helping others and getting involved reinforces being part of the community.

Encourage good physical health – Good physical health supports good mental health. Healthy eating habits, regular exercise and adequate sleep protect kids against the stress of tough situations. Regular exercise also decreases negative emotions such as anxiety, anger and depression.

Content in this article was adapted from National Association of School Psychologists handout titled *Supporting Children's Mental Health: Tips for Parents and Educators*.

Shelley Gregg is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www.schoolconsultationservices.com.✧

Partners To Host Virtual Town Hall On Vaccinations

In an effort to increase awareness of the COVID-19 vaccines, Lee Health is hosting a virtual town hall meeting for community members to ask questions they may have on the different vaccines available to the community. Lee Health is partnering with Healthcare Network and NCH Healthcare System to host the event.

The virtual town hall will be on Monday, May 24 at 11 a.m. on each of the organizations' Facebook pages. You can watch it live at www.facebook.com/leehealth, www.facebook.com/nchflorida or www.facebook.com/healthcarenetworkswfl or on www.leehealth.org or www.healthcareswfl.org.

The virtual town hall will be interactive and give community members an opportunity to ask questions through Facebook and have them answered by Lee Health, Healthcare Network and NCH leaders.

The panel for the virtual town hall will include:

Larry Antonucci, MD, MBA, president and CEO, Lee Health

Mary Beth Saunders, DO, system medical director epidemiology, Lee Health

Corin DeChirico, DO, chief medical officer, Healthcare Network

Kristin Mascotti, MD, chief medical officer, NCH Healthcare System

Ilia Echevarria, PhD, MS, RN, associate chief nursing officer, NCH Healthcare

System; director of the NCH COVID Response Team

Moderator will be Lindsey Morton, creative services manager at Lee Health.

Lee Health is currently offering the COVID-19 vaccine to anyone age 12 and older. Visit www.leehealth.org to schedule your appointment. A parent or authorized guardian must accompany a minor for vaccination.✧

Water-Quality Utilities Report

Lee County Utilities' customers received water that met or exceeded all federal and state requirements last year, according to a recent report that has been placed online at www.leewaterquality.com.

The report, which also includes information such as source water assessments and service areas, is required annually by the Environmental Protection Agency.

To save ratepayers money, the annual water-quality report can be placed online instead of direct-mailing customers, according to federal regulations.

"The ability to provide the report online eliminates the need to print and mail more than 80,000 copies. This method reduces the use of environmental resources and reduces the cost of producing the report," Public Utilities Director Pam Keyes said.

Lee County Utilities' 2020 Water Quality Report can be found at www.leewaterquality.com. A printed copy can be obtained by calling 533-8845.✧

From page 7

Drone

coastal waters of Lee County.

Reports are provided to water managers at the U.S. Army Corps of Engineers and South Florida Water Management District to inform their recommendations on water management issues related to Lake Okeechobee and the Caloosahatchee.

"While our data are scientifically valuable, the photos we take with our new drone will serve as a powerful visual aid

that can have a stronger impact on the public and policymakers than water quality data alone," said Reidenbach.

This new tool will be especially important this year as Lake Okeechobee levels are currently more than 2.5 feet higher compared to the past two years, and blue-green algae blooms are already appearing in the lake and estuaries. Images collected using the drone will be posted to SCCF's website (www.sccf.org), providing an ongoing record of conditions that advocates, scientists, resource managers and policymakers can use in their efforts to protect and restore coastal ecosystems.✧



From left, Gary Griffin, Greg Weisburgh, Kathleen Simpson, David Moorhead and Jason Grabowski photos provided

Heroes Honored At State Of Our Schools Breakfast

The Foundation for Lee County Public Schools (FLCPS) in partnership with The School District of Lee County recently hosted the Partners in Education – State of Our Schools event at the Broadway Palm Dinner Theatre. This event honored the educators and support staff as “our

heroes” in the School District of Lee County for the wonderful job they have done this past year to ensure student safety and success. FLCPS President and CEO Marshall Bower, esq., also announced B&I Contractors and Wawa as Business Partners of the Year, and Lee Health and United Way as Community Partners of the Year.

“The real heroes during this past year include our educators and business partners who understand the significance of engaging with our students and teachers”, said Bower. “Teachers are the



Therese Everly and Marshall Bower

most important profession I can think of. They play a huge role in helping our greatest community asset, our students, to become our future employees and employers and community leaders”.

Superintendent Dr. Greg Adkins, addressed the business community on



Marshall Bower and Dr. Greg Adkins

the progress, accomplishments and vision of The School District of Lee County. Harlan Parrish, board chairman for FLCPS, and Bower gave an update regarding the accomplishments of the Foundation for Lee County Public Schools and goals going forward.*

College Graduates

Emera Maupin of Cape Coral and Melany Uhrhammer of Fort Myers recently graduated from the University of Tampa.

The graduation was viewed online by the students, their family members and friends, faculty and staff members and the general public.

Maupin graduated with a bachelor of science degree in public health, while Uhrhammer graduated with a bachelor of arts degree in theatre.*

University To Focus On Public Relations Industry

The Southwest Florida Chapter of the Florida Public Relations Association (FPRA) will hold the 2021 PR University at Florida Southwestern State College (FSW) on Friday, May 21 from 8:30 a.m. to 4:30 p.m.

The Tackling the Challenges of Our Changing World program, which will take place in building AA, Room 177, will focus on the evolution and future of the PR industry. Chapter officials are inviting business leaders and PR/marketing professionals to attend.

PR University will focus on the exploration of new approaches within the profession, all while staying true to the guiding principles of the PR industry. Attendees will gain insight on ways to adapt, evolve and educate themselves on emerging strategies and technologies.

This year's PR University will showcase industry-leading professionals in tourism, business development, media and more, all sharing their best practices, takeaways and case studies on how to successfully execute forward-thinking public relations.

To see the full speaker list and bios, visit <https://www.fpraswfl.org/wp-content/uploads/2021/04/PRU-2021-Bios-2-1.pdf>.

Registration for PR University is \$55

for students, \$75 for members and \$99 for future members, and includes breakfast and lunch. PR professionals can earn two Accreditation in Public Relations (APR) continuing education credits.

FSW is located at 8099 College Parkway in Fort Myers. To register and see full schedule, visit www.fpraswfl.org/event-registration/fpra-events/pruniversity-next-approaches-tackling-the-challenges-of-our-changing-world.*

Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free autism spectrum disorder (ASD) screening for toddlers 18 months to age 5 at the Pediatric Specialist Office on Friday, May 21 from 9 a.m. to 2 p.m.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced practice registered nurse, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.

The Pediatric Specialist Office is located at 15901 Bass Road, Suite 102, in Fort Myers. For more information, visit www.rmhcswfl.org.*



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Will Power

Problems With Joint Ownership And Transfer On Death Accounts



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Recently, several new clients have arrived at my office explaining that they don't need revocable trusts. "My banker told me simply to designate all of my accounts as 'transfer on death' to my children, so no probate is necessary, and even no trust is necessary." Other clients have placed bank and investment accounts in joint name with one or more of their children to accomplish the same thing.

Neither is a good idea.

Let's tackle the joint account with rights of survivorship first.

The first is a gifting problem. When Mother places Daughter onto a joint account, then Mother is deemed to have made a taxable gift as to one-half of the value of the account. This would require the filing of a Federal Gift Tax Return Form 709 if the total gifts to Daughter exceed \$15,000 in that year.

If Mother lives in a state that has a gift tax, a state gift tax filing may also be due.

In today's world of high federal gift and estate tax exemptions, in Florida this isn't necessarily fatal, unless at some point in the future those exemptions should decrease. In 2025, absent any further legislation from Congress signed by the president, the exemptions are slated to return to their former levels. So a large gift today might resonate in the future.

Further, when Daughter owns half of the account, she loses half of the step-up in tax cost basis at the time of Mother's death. If Mother owned the account solely in her own revocable trust (that avoids probate anyway), then all of the capital gain would have been eliminated at Mother's death. Daughter will pay additional capital gains taxes she otherwise wouldn't have.

Further, assume Daughter has two siblings that Mother wants her to share the account with. Legally, Daughter doesn't have to. Even if Daughter is honest, it is a taxable gift from Daughter to her siblings when she makes transfers to them following Mother's death, resulting in the same problems discussed above, but now they apply to Daughter.

If Daughter gets divorced or is a defendant in a lawsuit, or has bankruptcy or other creditor issues, those potential creditors can attack Mother's bank and investment accounts that were put into joint name with Daughter.

None of these problems exist using a revocable trust.

Now let's turn our attention to Transfer on Death accounts.

Assume Mother designates her investment account as "pay on death" (POD) to Daughter, but Mother also has Son. Daughter is expected to share with Son at Mother's death. Nothing says that Daughter must, and if Daughter does share with Son, then she has the gift issue discussed previously.

If one of the "pay on death" beneficiaries dies or has creditor issues, then another problem arises. Suppose Mother puts her investment account as "pay on death" to Daughter and Son. Mother becomes incompetent and then Son dies before Mother dies. Son is survived by a minor child, Grandson.

Mother wasn't able to change the POD beneficiary, so when she died, Son's will would need to be probated. Son's will left his assets to his wife, as opposed to Grandson, who Mother would have wanted the account to go to. Even if Mother was able to name Grandson directly, the bank could not make a transfer to a minor without an expensive and time consuming court process. This all could easily have been avoided with a revocable trust.

Let's consider Mother's incapacity as well. Because her accounts were not in a trust that authorized certain distributions, Mother's attorneys weren't able to assist the family with qualifying mother for Medicaid. Her nursing home expenses could deplete the account. Further, the bank wouldn't accept the durable power of attorney because it was "out of date," which required the family to enter into an expensive and time consuming guardianship to access the funds.

Mother was financially supporting Daughter prior to Mother becoming incompetent. Those payments had to stop because, under a POD account, there's no way to legally continue those gifts.

POD accounts usually require that you designate equal shares for all POD beneficiaries. This may or may not comply with your intent.

Finally, if one of your beneficiaries is undergoing a divorce or other creditor problem at the time of your death, the POD account may become subject to claimants of that beneficiary.

This is just a laundry list of some, not all, of the potential problems with POD and joint with survivorship accounts. Anyone with any degree of wealth should instead use a revocable trust vehicle to navigate these issues.

©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.✴

Manufacturers Group Sets Events

The Southwest Regional Manufacturers Association (SRMA) has scheduled two upcoming events for its summer series to help support and unite manufacturers and those who do business with them. There will be a brewery social in June and an international trade webinar scheduled in July. There is no cost to attend the events, but space is limited, and online registration required.

"SRMA has a supportive and passionate board who goes above and beyond to support its growing membership base," said SRMA Board Chair Jeff Poirier. "We look forward to meeting with and uniting our members and business community at our upcoming summer event series."

SRMA will meet after hours for cold

brews, food and networking from 5:30 to 7 p.m. on June 16 at Riptide Brewing, formerly Momentum Brewing, located at 28120 Hunters Ridge Boulevard in Bonita Springs. The line-up of brews includes an India pale ale, red ale and blonde ale.

On July 28, from 8 to 9:30, SRMA has lined up a powerhouse panel of speakers who will discuss international trade. Panelists include Elena Mendez of EXIM Bank, Dan Bierk at the Department of Commerce, Kevin Brady with Florida Gulf Coast University Small Business Development Center and Gary McKinley of Craters and Freighters. International certifications, EXIM Bank, vetting international firms, quality standards and imports/exports will be discussed. This event is sponsored by Craters & Freighters.

For more information or to register, visit www.srma.net, call 258-1385 or email info@srma.net.✴

Natural Resource Web Conference

USDA's Natural Resources Conservation Service (NRCS) will conduct a State Technical Committee meeting via web conference on Wednesday, June 23 from 10 a.m. to noon. The public is invited.

NRCS will seek recommendations and provide a report for fiscal year 2022 natural resource and program priority decisions.

Chaired by NRCS Florida State Conservationist Juan Hernandez, the committee is composed of farmers, ranchers and individuals and groups from a variety of agricultural and natural resource interests. Although the State Technical Committee has no

implementation or enforcement authority, USDA gives strong consideration to the committee's recommendations.

To participate in the conference, visit <https://ociots-usda.webex.com/meet/FLNRCSPartnerships> or call 1-844-517-1271 (access code: 962 370 659).✴

From page 1

Country Music

singing, songwriting and storytelling. He has been nominated by every major music award entity and is becoming a regular entertainer at the Players Circle Theatre.

The Players Circle Theatre is located at the Shell Factory and Nature Park at 16554 North Cleveland Avenue in North Fort Myers. For more information or tickets, call 800-3292 or visit www.playerscircletheater.com.✴

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Superior Interiors

How To Decorate A Larger Room



by Katie Frederick

If you've ever faced the challenge of decorating a small room, it's only natural to wish you had giant spaces to work with. After all, being economical with space requires creative solutions, and it's easy to pine for a room where you don't have to worry about furniture doubling as storage or finding unusual shelving solutions.

However, there are challenges inherent to interior decorating for a big room as well. It's easy for such a space to feel sparse and unfinished, and getting true functionality out of the room means arranging the furnishings in thoughtful ways. Look at your room and its own unique characteristics and make decisions based on a few design strategies particularly geared for wide open spaces.

Divide the room into areas. In most rooms, there will only be enough space for one conversational area. In larger rooms, however, it is difficult to arrange all the furniture so that this is possible. Luckily, you don't have to. You can designate several different zones of the room, which both allows a single space to serve multiple functions and keeps it from looking so empty. For example, you could have one zone that's just for quiet conversations, another that has a desk for writing and reading, and a third that is centered around the television. It's like having three rooms in one.

Create a visual anchor for the room. One of the major drawbacks to larger rooms is that if you're not careful, they can feel unfocused. A visitor walks in, and it isn't clear where their focus

should be drawn, or what the most important elements of the space are. Avoid this pitfall by using a large piece of furniture as the visual anchor of the room. Depending on your lifestyle, this could be any number of things. A large coffee table or L-shaped sectional sofa both work well, and if your family is musically inclined, a piano is a fine choice as well. The key is that it should be singular and visually dominant as too many small pieces on their own can begin to create the impression of clutter.

Pay attention to the lighting. Lighting can make a big difference in any sized room. Not only does it impact the things you are able to do in that area, but it can also completely change the look and feel of the furnishings. If the space has large windows, you have less to worry about during the daytime. However, after sunset, it's easy for shadows to creep up, especially in nooks or corners. Lamps can help give you different illuminating options, but too many of them in the same space can look awkward. To get around this issue, choose a small handful of large floor lamps that are all of a similar style. Then, mix in a few low-key wall and floor lamps so that your lighting choices will feel cohesive while being able to work for the whole large area.

Use patterns to unify. Bigger rooms have more furniture, which can feel haphazard if you're not careful. You can avoid this issue by repeating the same patterns in different areas of the room. Even if you switch up the colors or the fabrics to add a depth of texture, consistent patterns throughout a space help carry visitors' eyes naturally throughout the room and make it all feel unified.

Looking for advice on decorating a larger space? Consider reaching out to a design professional, they can help you lay out the room, and suggest the furniture pieces you need to make your room function well and look fantastic.

Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at katie@coindceden.com.✴

Child Care Group Hires Center Director

Child Care of Southwest Florida has hired experienced child care leader Yolanda Yslas to serve as center director at the PA Geraci Child Development Center in Fort Myers.

Yslas has worked in education since 1990, most recently serving as administrative coordinator for Child's Path, where she handled education and immunization records, finances, attendance, medical forms, purchasing orders and other responsibilities. Prior roles include leadership positions at four early learning centers in Southwest Florida in addition to teaching positions with several private providers and the School District of Lee County.

"I have been in the field of education for over 31 years, but I am looking forward to my journey with CCSWFL," Yslas said. "I believe that a strong foundation in social emotional development is the key to success in lifelong learning."

Yslas is completing a degree program at Florida SouthWestern State College, where she is a member of the Phi Theta Kappa Honor Society.

"Yolanda brings a wealth of experience as both a classroom teacher and school administrator, and she will be a tremendous asset as our team continues preparing children for success in school and life," said Chris Hansen, CEO of Child Care of Southwest Florida.

The PA Geraci Child Development Center is located at 3713 Canal Street in Fort Myers. For more information, visit www.ccswfl.org.✴

Chamber Hires Director Of Sales

The Greater Fort Myers Chamber of Commerce has hired Andy Wood, a seasoned sales executive, as director of sales. In his new role, Wood will oversee all sales operations for the chamber, an organization that represents more than 750 businesses, professionals and individuals throughout Lee County.

Prior to joining the chamber staff, Wood worked with the Fort Myers Mighty Mussels, a Minor League Baseball affiliate team of the Minnesota Twins, where he rose from sales manager to assistant general manager during his tenure. He previously held sales management positions for Minor League Baseball teams including the Rancho Cucamonga Quakes, affiliated with the Los Angeles Dodgers, the Tri-City Dust Devils, affiliated with the San Diego Padres, and the Lehigh Valley IronPigs, affiliated with the Philadelphia Phillies.

Wood had been an active member of the chamber's ambassadors committee and advancing professionals group,



Andy Wood

Leadership NEXT. Born in Ohio, he attended Kent State University, where he earned his bachelor's degree in sports administration.✴

Executive Vice President Named

Sanibel Captiva Community Bank has promoted Brian Terrell to executive vice president. He will continue serving as chief credit officer and remain a key member of the executive management team, which he has served on since joining the bank in 2010.

Terrell leads the bank's credit and loan administration departments. He brings three decades of business and banking credit experience, including establishing credit departments for financial institutions ranging from \$250 million to \$850 million. His past positions include various credit positions at several national and regional banks.

Terrell holds a bachelor's degree in business administration from Hanover College in Indiana and a master of business administration from Miami University in Ohio.✴



Brian Terrell

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Frankly Speaking



by Howard Prager

Sports shorts. With so much happening and with records being broken and established, there's a lot to comment on in the world of sports.

Stephen Curry became the oldest

NBA scoring champ since Michael Jordan this season with 32.0 ppg. He joins Jordan, Kareem and Wilt as the only players with multiple scoring titles, MVPs, and championships. Washington Wizards point guard Russell Westbrook became the undisputed king of the triple doubles. He scored his record-breaking 182nd triple double of his career in a 125-124 loss against the Atlanta Hawks, besting Oscar Robertson's long-held record.

Let's look at the favorites in the NBA Finals and Stanley Cup. The Colorado Avalanche are favored in the NHL followed by the Golden Knights, Maple Leafs, Hurricanes and 2020 champs Lightning. The Lightning and Florida Panthers are meeting for the first time in the playoffs in the first round. The Brooklyn Nets are favored in the NBA and have their three superstars healthy. The 2020 champion L.A. Lakers are listed second despite being ranked 7th in the west, followed by the Clippers and the Jazz.

And here they come round the bend... it's Rumbauer winning by three and a half lengths at Pimlico. No Triple Crown winner this year, which is probably best because Medina Spirit had a potential asterisk for her Kentucky Derby win with reported drug issues. Trainer Bob Baffert issued a statement before Saturday's Preakness in which he apologized for his

handling of the announcement of Medina Spirit's positive drug test following his Kentucky Derby victory. "I always try to be accommodating and transparent with the media, which led to an emotional press conference on May 9 in which I said some things that have been perceived as hurtful to some in the industry. For that, I am truly sorry. I have devoted my life's work to this great sport, and I owe it an eternal debt of gratitude." Not wanting to be a distraction, Baffert chose to stay home instead of traveling to Pimlico.

MLB has a new record – 58 strikeouts without a walk to start the season. Brewers ace Corbin Burnes now owns that record, the most strikeouts to start a season and the most between walks at any point in a season since 1893, when the mound was set at its current distance. According to *The New York Times*, "Twenty-six times this season, Corbin Burnes had stood on the mound with a chance to throw ball four. Every time, he had thrown a strike. It wasn't until the 127th batter he faced that Burnes issued a walk. Burnes swears he doesn't even think about it. He has a historic aversion to bases on balls." Opponents hit only .152 in April off Burnes, whose earned run average is 1.57. He has recorded at least nine strikeouts in all six of his starts, standing out even in a season of extreme power pitching in the majors. His strikeout rate and ERA dating back to last season is second only to DeGrom.

From www.golf.com, "On a rainy Sunday in Texas, the PGA Tour crowned a first-time winner. K.H. Lee, a 29-year-old from Seoul, South Korea. Lee won his first-ever event on North American soil by three strokes at the AT&T Byron Nelson winning the Texas event, the second Korean in a row to do so. He captures the last open spot in this week's PGA Championship in South Carolina."

Rafael Nadal bested Novak Djokovic in the 58th encounter of one of tennis's most

enduring and competitive rivalries. Both players will now head to Roland Garros for the French Open in the hopes of adding to their Grand Slam tally with the GOAT race wide open. Roger Federer will also be featured in this years' tournament."

On the woman's side in Rome, Czech Karolina Pliskova has had one of the most effective serves in tennis. She was also playing in the finals of the Internazionali BNL in Rome for the third straight year versus reigning Roland Garros champion Iga Swiatek. Yet, in just 46 minutes, Swiatek won this match, 6-0, 6-0. In the first set, the 19-year-old Pole dropped just four points. With her win, Iga became just the fourth teenager to win a WTA 1000 level event.

Earlier last month, Jon Krawczynski of *The Athletic* reported that Alex Rodriguez and Marc Lore were finalizing a deal to become the next owners of the Minnesota Timberwolves and WNBA Minnesota Lynx, a process which could take place slowly over the next couple of years with current owner Glen Taylor staying involved. These new high profile owners can be huge for the Timberwolves in attracting new stars.

Finally from the BBC, the Olympics is set to start in two months. Calls to ditch the Games in the face of the pandemic are getting louder. So why isn't Japan cancelling the Games? The answer is it's the International Olympic Committee (IOC) who is the decision-maker about cancelling. The vaccination rate in Japan is only between 1 to 2 percent, and we all see what's going on in India right now and other countries. I say cancel it for another year for the health and safety

of the athletes and for a more involved viewership and fans at the games rather than competing in empty stadiums.

Athletes for Hope is a non-profit organization founded in 2007 by Andre Agassi, Muhammad Ali, Warrick Dunn, Jeff Gordon, Mia Hamm, Tony Hawk, Andrea Jaeger, Jackie Joyner-Kersey, Mario Lemieux, Alonzo Mourning and Cal Ripken, Jr. They created an organization that brings athletes together to educate, inspire, and channel their energy for a common goal: to make a difference in the world through sports philanthropy. Athletes for Hope has grown to over 4,000 athletes across the NBA, NFL, NHL, MLB and the Olympic movement. These athletes take part in their causeway program which provides education workshops and subsequently one-on-one guidance for each athlete through their personal philanthropic journey. "We are breaking down barriers and bringing people together. Through our work, we help athletes recognize their untapped potential to make a difference, and we challenge them to set a new standard. Many athletes want to give back but don't know where to begin. Our founders saw that the sports community is competitive by nature, which has led to a fragmented approach to philanthropy. And so we decided to break the mold." More about this unique organization in the coming weeks.

*Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.**

Changes Coming For Catch And Release Fishing

The Florida Fish and Wildlife Conservation Commission (FWC) will make changes to snook, redfish and spotted seatrout management in the area of Southwest Florida where they are currently catch-and-release only.

As a reminder, snook, redfish and spotted seatrout were temporarily made catch-and-release only in this area after these fisheries were impacted by a 2017-19 severe red tide.

Starting June 1, the following changes from Sarasota Bay through Gordon Pass in Collier County will take place:

Spotted seatrout harvest will resume with a six-fish recreational vessel limit. Commercial harvesters will also be held to the recreational three-fish bag and six-fish vessel limits.

These regulations are for all state waters south of State Road 64 in Manatee County including Palma Sola Bay through Gordon Pass in Collier County but not including the Braden

River or any tributaries of the Manatee River.

Snook and redfish will remain catch-and-release through May 31, 2022.

"The commission understands the significance and importance of this fishery for the southwest region. You can hear a lot of diversity in the public stakeholder positions on this issue but I think we found the right path as an interim step," said FWC Vice Chairman Mike Sole. "It is going to be important though, in my opinion, to consider long-term management of snook and redfish."

Under normal regulations, snook will open to harvest on September 1, and seatrout will be under new, more restrictive regulations that took effect in 2020.

A new statewide stock assessment was just completed for snook and one will be completed for redfish in 2021. The commission might consider statewide regulation changes as part of the long-term management of these fisheries.

For more information about regulations for these species, visit www.myfwc.com/marine and click on "Recreational Regulations."*

SPORTS QUIZ

1. Name the rookie pitcher who won his first four starts – including a no-hitter on May 5, 1962 – for the Los Angeles Angels.
2. Evonne Goolagong, a seven-time women's singles Grand Slam tennis tournament winner from 1971-80, hailed from what country?
3. What Austrian driver posthumously won the 1970 Formula One championship after perishing in a crash during practice at the Italian Grand Prix?
4. Opening in 1900, The Hawthorns stadium has been home to what English Premier League football club?
5. What Tanzanian basketball star played for the University of Connecticut Huskies and was picked No. 2 overall by the Memphis Grizzlies in the 2009 NBA Draft?
6. Gino Cappelletti, American Football League MVP in 1964, had his No. 20 jersey retired by what NFL team?
7. Who founded a company that began manufacturing ice-resurfacing machines for skating rinks in Paramount, California, in 1949?

ANSWERS

1. Bo Belinsky. 2. Australia. 3. Jochem Rindt. 4. West Bromwich Albion F.C. 5. Hasheem Thabeet. 6. The New England Patriots. 7. Frank J. Zamboni.

From page 1

Blue Star Memorial

parks, veteran's facilities and gardens.

The National Garden Club honors veterans and active service members by installing these signs throughout the country. The first Blue Star Memorial in Florida was dedicated in May of 1949 in Key West.

The Estero Island Garden Club, a member of The National Garden Club, will sponsor the memorial marker dedication

The Blue Star Memorial dedication is based on the ceremony at Gettysburg, where President Lincoln gave his historic address. As part of the ceremony, there will be a brief history of the blue star markers followed by the unveiling and dedication of the marker. There will be an invocation and benediction, a color guard and patriotic music performed by Brass Music Elements, and will conclude with echo taps.

Fort Myers Beach Library is located at 2755 Estero Boulevard on Fort Myers Beach.*

Doctor and Dietician

Paleo
Cheeseburger Pie

by Ross Hauser, MD
and Marion Hauser, MS, RD

Cheeseburger pie has been a favorite over the years, but this version has a few health tweaks added. This cheeseburger casserole has all the classic elements of a burger and is a fun way to feed a crowd but it cuts down on excess simple carbohydrates. Use this recipe for a simple, quick, weeknight meal during a busy week. It truly does taste like your favorite burger!

You may be thinking, “I cannot believe you are recommending red meat.” First, we recommend eating real food – not fast food, not processed food. R-E-A-L food. Unfortunately, our agricultural system has many problems. Therefore, we encourage you to be careful with your food choices. Find sources that are clean, healthy and free of chemicals. We have researched food, diet types and metabolism for many years. You can read more about our findings at www.hauserdiet.com. In short, some people’s metabolisms operate optimally with high protein/fat diets, some fare well on plant-based diets, and others are in the middle. Meat is not the enemy, and veggies are everyone’s friends.

Red meat is packed with protein and iron which are key players in maintaining healthy bodies, particularly muscles, bones, skin, hair and immune systems. It also provides zinc and B vitamins which many people are deficient in. However, not all meat is created equal. A free-roaming, grass-fed animal provides much different meat than animals born and bred in

factories that are fed hormones, chemicals, medicine, pesticides, GMOs, and Roundup, with no sunlight. Thus, we use organic grass-fed beef and nitrate-free organic bacon and organic veggies and dairy.

So let’s make this pie! Instead of crust, we steam a small head of cauliflower (and sometimes add spaghetti squash). While cauliflower is cooking, brown one pound of ground beef, then add one medium chopped onion in a skillet. Add a pinch of sea salt and pepper, about a teaspoon or two of garlic powder, and a couple dashes of Worcester sauce and stir in. Set aside after fully cooked and drained.

Press liquid from cooked cauliflower to reduce sogginess of the crust. Mash cauliflower, add one egg, salt/pepper, about a half cup of shredded cheese, and about a quarter to one half cup of gluten-free flour of your choice. We also like to add chia or flax seeds and other herbs. Adjust mixture to appropriate stickiness. Press into a greased pie pan or baking pan. Prebake for about 20 minutes in 400-degree oven, then top with meat mixture. Squirt a few lines of ketchup and mustard across the meat and dot with pickle relish, then top with shredded cheeses of your choice (Irish cheddar is a favorite) or use dairy-free (Daiya is tasty), then bake for about 30 more minutes until hot and bubbly.

Recipe variations include substituting or combining beef for/and turkey, chicken, pork or lentils or other legumes and/or veggie mixture. Add herbs and spices to meat mixture such as smoked paprika, chili powder, Italian seasonings, or oregano. You can also add mushrooms, green chilis, peppers, carrots, celery, or whatever you have on hand.

We have doubled this recipe and baked it in a 9-inch by 13-inch pan. Serve garnished with hamburger toppings such as lettuce, tomato, onion, ketchup, mustard, relish, pickles, crumbled bacon, sliced avocado and sauteed onions/mushrooms. Enjoy!

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.✱

Brain Bank
Virtual Program

The Alzheimer’s Association will hold a virtual Ask the Expert program on The Gift of the Brain on Saturday, May 22 at 10:30 a.m. In addition to providing an overview of the Florida Brain Bank, the free program will also address the importance of brain donations to the advancement of dementia research and current areas of need.

“This type of information is important for communities statewide, including those that are affected by Alzheimer’s disease or another dementia,” said Milva Taylor Maldonado, program manager for the Alzheimer’s Association. “Although this can certainly be a difficult topic, it is also essential to research initiatives and hopefully, one day, finding the cure.”

Expert insight will be provided by

guest speakers Dr. Dennis Dickson, neuropathologist for the Mayo Clinic Alzheimer’s Disease Research Center, and Dr. Cesar Chirinos, Florida Brain Bank coordinator at Mt. Sinai Medical Center in Miami Beach. The program will also include a presentation from Alzheimer’s Community Educator Halle Mitchell on Healthy Living for the Brain and Body, which will cover breakthroughs in the latest research regarding diet and nutrition, exercise, cognitive activity and social engagement.

“There are certain things that we have control over when it comes to aging, so it is important to educate individuals on what can be done in order to age as well as possible,” said Gloria Orlandi-Kass, another program manager for the Alzheimer’s Association.

To register, call the Alzheimer’s Association 24/7 Helpline at 1-800-272-3900 or visit www.bit.ly/giftofthebrain.✱

dearRPharmacist

Hypercalcemia
Treatment
Options

by Suzy
Cohen, RPh

Dear Readers: Your body is amazingly skilled at maintaining homeostasis. It’s kind of amazing how your body maintains tight control over calcium levels, especially the

amount that is circulating in your blood at any given moment. For example, all of these methods are done involuntarily by your body to keep your serum calcium at a normal range, usually somewhere between nine and 10, but it differs depending on your age.

1. Your intestines absorb calcium from foods that you eat.
2. Your bones give up and take in calcium, so there is a dynamic movement of calcium in and out of your skeleton.
3. Your kidneys reclaim calcium, or excrete it into your urine.

When the blood levels drop below normal, your four tiny parathyroid glands immediately rescue levels by secreting parathyroid hormone (PTH) into your blood which tells your bones to release some into the blood, and do it now. People with elevated PTH levels are at higher risk for osteoporosis. PTH levels are measured by a simple blood test. If it’s high, I recommend you read Dr. Norman’s work at www.parathyroid.com.

Physicians will evaluate vitamin D if the PTH is elevated, and if the D is low they will tell you to supplement. This can be very harmful and is the wrong thing to do in most cases, because if the PTH is elevated, and your D is low, it’s low because your body’s trying to protect you from more calcium.

A person’s calcium can be evaluated several ways. Usually a “serum” calcium is measured by a blood test that tells you how much calcium is bound to a protein. There is an “ionized calcium” blood test which tells you what portion is free. If you have so much calcium that it’s spilling into your urine in high amounts, this is called hypercalcemia. To find out, take a test called a “24 hour urine calcium test.”

If your calcium is high, ask your physician about these ideas to see if they’re right for you:

1. Vitamin K2 – Vitamin K2 drives calcium out of the blood and puts it back into the bone. It reduces serum calcium.
2. Bisphosphonates – The category of bisphosphonate drugs (ie Fosamax) can be used for a short term to remove calcium from the blood and put it back into the bones. It will reduce serum calcium.
3. Reflux drugs – Medications like famotidine (Pepcid) or omeprazole (Prilosec) can quickly reduce the absorption of many minerals and it can be quite potent.
4. Follow a low calcium diet – Meat and poultry, shrimp, seafood, green beans, eggs (and egg substitute), oatmeal,

squash, nuts, rice, peas, Brussels sprouts, tangerines, kiwi and fruit juice.

5. Switch diuretics – If you are taking a thiazide diuretic like HCTZ (hydrochlorothiazide), this will cause you to retain calcium. By taking a “loop” diuretic such as furosemide, you will reduce calcium levels.

Sometimes surgery for a parathyroid adenoma is necessary; these are diagnosed by specific scans on the neck. Hyperparathyroidism is a common cause for elevated calcium levels. To learn more about all this, sign up for my free newsletter at www.suzycohen.com, and I’ll send you a more comprehensive version of this article.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Top Grades For
Patient Safety

The Leapfrog Group released its Spring 2021 Hospital Safety Grades, awarding Cape Coral Hospital, Gulf Coast Medical Center and Lee Memorial Hospital each “A” grades for the fifth straight reporting period. HealthPark Medical Center earned an “A” grade for the fourth straight reporting period.

“I want to thank the entire Lee Health team for continuing to provide the safest and highest quality of care to the patients we serve,” said Dr. Larry Antonucci, president and CEO of Lee Health. “It is an honor to be recognized once again by Leapfrog for achieving the highest national standards in patient safety. These ‘A’ grades speak to the kind of care patients can expect in our hospitals.”

The safety grade assigns letter grades of A, B, C, D and F to hospitals across the country based on their performance in preventing medical errors, infections and other harms.

Developed under the guidance of a national expert panel, the Leapfrog Hospital Safety Grade uses up to 27 measures of publicly available hospital safety data to assign grades to more than 2,700 U.S. acute-care hospitals twice per year. The Leapfrog Group’s grading system is peer-reviewed, fully transparent and free to the public.

“It’s clear Cape Coral Hospital, Gulf Coast Medical Center, HealthPark Medical Center and Lee Memorial Hospital are on a never-ending quest to keep patients safe through thick and thin,” said Leah Binder, president and CEO of The Leapfrog Group. “This likely saved many lives through the pandemic and prepared for future health emergencies.”

Lee Health’s raw score was:

Cape Coral Hospital – 3.2886

Gulf Coast Medical Center – 3.1928

HealthPark Medical Center – 3.3128

Lee Memorial Hospital – 3.4021

Children’s hospitals are not included in The Leapfrog Group’s Spring grades, but Golisano Children’s Hospital has been named as a top children’s hospital by The Leapfrog Group four times.

To learn more, visit www.hospitalsafetygrade.org.✱



- Emergency 911
- Lee County Sheriff's Office 477-1200
- Florida Marine Patrol 332-6966
- Florida Highway Patrol 278-7100
- Poison Control 1-800-282-3171
- HealthPark Medical Center 1-800-936-5321
- Ft. Myers Chamber of Commerce 332-3624
- Foundation for Quality Childcare 425-2685
- Fort Myers Beach Chamber of Commerce 454-7500
- Fort Myers Beach Library 463-9691
- Lakes Regional Library 533-4000
- Lee County Chamber of Commerce 931-0931
- Post Office 1-800-275-8777
- Visitor & Convention Bureau 338-3500
- ARTS
- Alliance for the Arts 939-2787
- Arts For ACT Gallery & Studio 337-5050
- Art League Of Fort Myers 275-3970
- Barbara B. Mann Performing Arts Hall 481-4849
- BIG ARTS 395-0900
- Broadway Palm Dinner Theatre 278-4422
- Cultural Park Theatre 772-5862
- Edison Festival of Light 334-2999
- Florida Repertory Theatre at the Arcade 332-4488
- Florida West Arts 948-4427
- Fort Myers Harmonica Band 610-653-7940
- Fort Myers Symphonic Mastersingers 288-2535
- Gulf Coast Symphony 489-1800
- Harmony Chorus, Charles Sutter, Pres 481-8059
- Naples Philharmonic 239-597-1111
- The Schoolhouse Theater 472-6862
- SW Florida Symphony 418-0996
- Theatre Conspiracy 936-3239
- Young Artists Awards 574-9321
- CLUBS & ORGANIZATIONS
- American Legion Post #38 239-332-1853
- Angel Flight 1-877-4AN-ANGEL
- Animal Refuge Center 731-3535
- American Business Women Association 357-6755
- Audubon of SWFL <https://www.audubonswfl.org/>
- Caloosahatchee Chapter DAR 482-1366
- Caloosahatchee Folk Society 321-4620
- Cape Chorale Barbershop Chorus 1-855-425-3631
- Cape Coral Stamp Club 542-9153
- duPont Company Retirees 454-1083
- Edison Porcelain Artists 415-2484
- Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
- FM UDC Chapter 2614 728-3743
- Friendship Force Of SW FL 561-9164
- Garden Club of Cape Coral 239-257-2654
- Horticulture and Tea Society 472-8334
- Horticultural Society 472-6940
- Lee County Genealogical Society 549-9625
- Lee Trust for Historic Preservation 939-7278
- Navy Seabees Veterans of America 731-1901
- Paradise Iowa Club of SWFL 667-1354
- Sons of Confederate Veterans 332-2408
- Southwest Florida Fencing Academy 939-1338
- Southwest Florida Music Association 561-2118
- Kiwanis Fort Myers Beach 765-4254 or 454-8090
- Kiwanis Fort Myers Edison 694-1056
- Kiwanis Fort Myers South 691-1405
- Iona-McGregor 482-0869
- Lions Club Fort Myers Beach 463-9738
- Lions Club Fort Myers High Noon 466-4228
- Lions Club Estero/South Fort Myers 898-1921
- Notre Dame Club of Lee County 768-0417
- Organ Transplant Recipients of SW Florida 247-3073
- POLO Club of Lee County 477-4906
- Rotary Club of Fort Myers 332-8158
- Sanibel-Captiva Orchid Society 472-6940
- United Way of Lee County 433-2000
- United Way 211 Helpline (24 hour) 211 or 433-3900
- AREA ATTRACTIONS
- Bailey-Matthews National Shell Museum 395-2233
- Burrough's Home 337-9505
- Calusa Nature Center & Planetarium 275-3435
- Edison & Ford Winter Estates 334-7419
- Fort Myers Skate Park 321-7558
- Imaginarium Hands-On Museum & Aquarium 321-7420
- JN "Ding" Darling National Wildlife Refuge 472-1100
- Koreshan State Historic Site 239-992-0311
- Langford Kingston Home 239-334-2550
- Ostego Bay Foundation Marine Science Center 765-8101
- Skatium 321-7510
- Southwest Florida Historical Society 939-4044
- Southwest Florida Museum of History 321-7430
- True Tours 945-0405

To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 23



"Goodness no, we haven't even considered
a verdict yet — we're still exchanging
_____!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then
rearrange the boxed letters to form the mystery word, which will complete the gag!

Grimace

CLOWs

Declare

PEAKs

Avoid

WEECHs

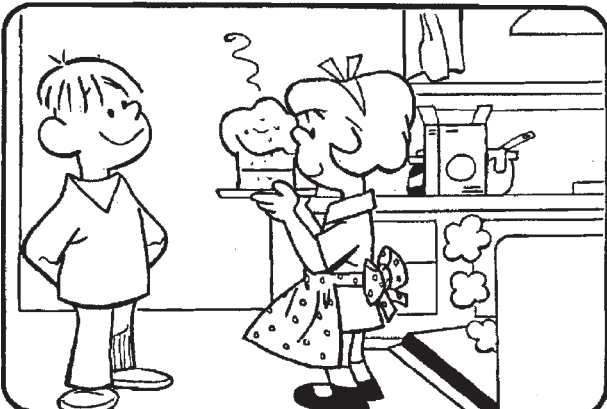
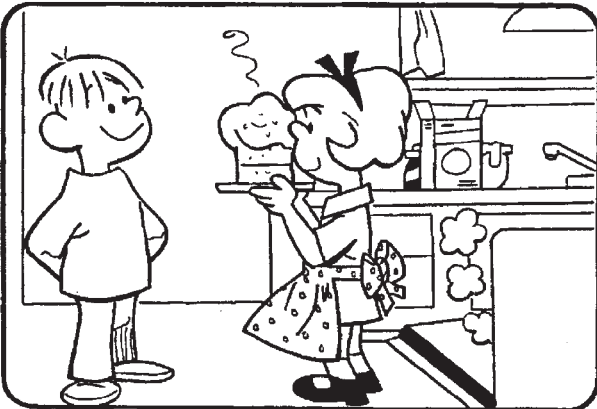
Rule

GERNI

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Spoon handle is added. 2. Curtain is wider. 3. Box design is different. 4. Faucet is missing. 5. Bow is different. 6. V-neck is added.

To Play
Sudoku:

Complete the grid
so that every row,
column and every
3x3 box contains the
numbers 1 through
9 (the same number
cannot appear more
than once in a row,
column or 3x3 box.)
There is no guessing
and no math
involved, just logic.

6			2			4	8	
	9				7			2
		4		1			3	
	8			3			7	
		3			5	6		
7		2	1					5
	3		5		2	8		
8				4				7
		9			6		4	

PUZZLES

Answers on page 23

Super Crossword

REPEATED NOTES

- ACROSS**

1 Synagogue leader

6 Mojave plant

11 Pinnacle

15 Czech-German river

19 — Island (former immigration gateway)

20 Carpentry rod

21 With 71-Across, act all-powerful

22 Usual thing

23 Many supermarket entrances

25 Glass sheet

26 Large mop

27 Ruhr article

28 With gusto

29 Chilean money

30 Kagan on the high bench

31 Big hit

32 Collect deserved benefits

34 Crime boss John

37 Roll out, as a flag
- 40 Flood zone protections

41 Long strip of high-end shops along a road

44 — -fi

46 Water swirl

47 Pottery base

48 Satire device

49 "Beetle" of comics

52 Jewel box contents

53 1986-2001 space station

54 Swell out

55 Lock horns

60 Mauna — Observatory

61 Uncles, e.g.

62 "Charlie's Angels" co-star

65 Notwithstanding

67 Jungle jaunts

68 More cruel

69 Many a metal alloy, chemically

71 See 21-Across

72 Turin-to-Milan dir.

73 Tendency

74 Like ruled paper

75 Part of ABA

76 24/7 care ctrs.
- 77 "Goodness!"

79 Singer Cole

81 Meat cut

83 Magnetism

87 Ireland's — Lingus

88 Bright blue gem

90 Book before Jeremiah

92 Semi engine

94 — beat (falter slightly)

95 What you can hear from an audible clock

98 Garbage

101 Put in a tomb

102 Torchere, e.g.

103 Ineffective

105 Block of history

108 Fashion's von Fürstenberg

109 Cakewalk

110 Yoga pose with hands and feet on the floor

112 Artful dodge

113 Son of Adam and Eve

115 "— Meenie" (2010 hit song)

116 Floored it

117 Nothing but

118 Swamp critter
- 119 Repeated musical sequence in this puzzle
- 34 Truck and SUV maker

35 Common painting medium

36 Suitable to be bartered

38 Diarist Anaïs

39 Aviate

42 Restricts

43 Journalist

44 Audible exhalations

45 Musical symbol

49 Donkey

50 Writer Locke

51 Swerved

54 Interweave

56 Big TV brand

57 Bighearted

58 Knives, e.g.

59 To be, in Arles

60 Make it

61 Little buddy

62 Animal life

63 Succeeding

64 Ethically indifferent

66 Ruhr article

67 More artful

70 Antique, quaintly

71 Lasses

75 Made an intrinsic part of

76 "Popeye" cartoonist

Segar
- 78 Violinist Hilary

79 Step in ballet

80 Oafish type

82 Actress Vardalos

83 People showing sympathy

84 Exhausting

85 Milk sugar

86 Analogized

88 Actor Bruce

89 Electric current units

91 Be televised

92 Chin feature

93 Bratty tot

96 Small world?

97 Less feral

99 Oar wielder

100 "This — surprise!"

103 Actress Chaplin of "Game of Thrones"

104 Tease

105 Saucy Aussie "Dame"

106 Stir up, as waters

107 "The African Queen" scriptwriter

James

109 He-sheep

110 Used a shovel

111 Yr. ender

1	2	3	4	5		6	7	8	9	10		11	12	13	14		15	16	17	18
19						20						21						22		
23						24						25						26		
27				28							29					30				
			31							32					33					
34	35	36					37	38	39						40					
41						42	43						44	45			46			
47						48					49	50				51				
	52					53					54					55	56	57	58	59
60				61				62	63						64					
65			66					67							68					
69							70							71				72		
73							74						75				76			
						77	78					79	80				81			82
83	84	85	86			87					88						89			
90					91				92	93							94			
95							96	97						98	99	100				
101							102					103	104					105	106	107
108						109					110							111		
112							113					114					115			
116												118								

King Crossword

- ACROSS**

1 Borscht veggie

5 Nourished

8 Great Lakes fish

12 Choir voice

13 "— been real"

14 Plane-related

15 Pear variety

17 Fury

18 Away from WSW

19 Mine yield

20 Say

21 Snoop

22 Upscale auto

23 Golf great Sam

26 Husband of Eurydice

30 Level

31 Genetic letters

32 Sicilian peak

33 New Mexico's capital

35 Director DeMille

36 "Nasty!"

37 Cowboy's sweetie

38 Brag

41 Gaiety

42 Mauna —

45 Pac-12 sch.

46 Cocktails garnished with olives

48 Avoid
- 49 Ostrich's kin

50 Sultry Horne

51 Male turkeys

52 — Molines

53 Retain
- 8 Sideways somersault

9 Miami team

10 Desire

11 Afrikaner

16 Byron or Tennyson

20 Strike caller

21 Devoted supporters

22 Bikini top

23 Rds.

24 Actress Long

25 Still, in verse

26 Small bill

27 List-ending abbr.
- 28 Half of bi-

29 Bando of baseball

31 "Bobby" subj.

34 Do something

35 Quitter's word

37 Mentors

38 Small statue

39 Twice cuatro

40 Grad

41 Notoriety

42 Leg joint

43 Aachen article

44 Now, on a memo

46 Club —

47 Sort
- DOWN**

1 Innocent one

2 Flair

3 French 101 verb

4 Preschooler

5 Red-hot

6 Diminutive suffix

7 "Spring ahead" hrs.

MAGIC MAZE ● FIRST OR LAST NAME?

J C E Z W T Q N J G D A X U R
O L J C G D A X V S P N K I F
C A X G Y V D R S Q O L J H E
C A X R V O T O R P N L J H F
S D R E U B J S Y Y Y X F V T
R E N G P O M E K L I C R E G
T D L O E D L M U B L Z A G X
W A U R S D T A R Q O E N R N
S V L Y A L P J J I G F K O T
D I C R A H E Y X W V T S E R
P D B O N L C N A M R O N G K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: — CLOONEY

Bradley	Frank	Kelly	Rose
Charles	Gregory	Nelson	Terry
David	James	Norman	Tracy
Douglas	Joyce	Paul	



Deviled Potatoes

photo courtesy Fresh From Florida



Deviled Potatoes
1 pound small gold potatoes
1 egg, hard-boiled
1 rib celery, finely diced (small amount reserved for garnish)
2 mini sweet peppers, finely diced (small amount reserved for garnish)
2-3 strips bacon, cooked and crumbled, reserve 1 tablespoon bacon grease (small amount reserved for garnish)
3 tablespoons mayonnaise
1-2 tablespoons mustard (start with 1 tablespoon and add more to taste)
Sea salt and fresh ground pepper, to taste
Fill large pot with water and bring to

a boil, add 1 tablespoon salt, and boil potatoes until fork-tender, about 10-12 minutes. Remove, drain, and cool enough to handle. Slice a very small amount off one end of the potato, creating a stable surface. Using the small end of a melon baller, scoop out approximately 3/4 of the potato intact in order to fill back up. In a small bowl combine the scooped-out potato, cooked egg yolk, reserved bacon grease, and mash until you reach a smooth consistency. Stir in mayonnaise, mustard, chopped egg whites, celery, and sweet peppers. Season with salt and pepper, taste and adjust if needed. To fill potatoes, use a pastry bag or small spoon. Garnish with remaining peppers, celery, and crumbled bacon.
Fresh tip: use other toppings for different flavors, such as chopped olives or pickled vegetables.*

PETS OF THE WEEK



Harper ID# A861433 photos provided Lee County Domestic Animal Services

Harper And Clara

Hello, my name is Harper. I'm a black and white 4-year-old female pit bull mix. I have overcome quite a bit in the three weeks I have been with Animal Services. I had paralysis in my rear legs on the first day that then went to my front legs. X-rays showed no injury to my spine. After a consultation with a neurologist, it was determined that I had Botulism, which is rare in dogs and probably from ingesting a dead lizard. I have now fully healed and I'm back to running around like the happy, healthy dog I should be. I'm ready for my new family! My adoption fee is \$30.



Clara ID# A867194

Hi, my name is Clara. I'm a white and brown 5-year-old mini lop rabbit. The mini lop is a small breed, although not quite a dwarf. Despite this, I am quite stocky and robust. I have lop ears, as the name suggests, and they hang over my face. I am rather laid back and like to be held. My adoption fee is \$5.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

My Stars ★★★★★ FOR WEEK OF MAY 15, 2021

Aries (March 21 to April 19) A once-harmonious relationship appears to be hitting some sour notes. Spend some time together to see why things have gone off-key. What you learn might surprise you.
Taurus (April 20 to May 20) You feel a need to make some changes. Good – you can do it on a small scale (some new clothes, for example), or go big and redecorate your home and/or office.
Gemini (May 21 to June 20) Control your tendency toward early boredom. A situation in your life might be taking a long time to develop, but patience pays off. Stay with it.
Cancer (June 21 to July 22) You might feel that you're on an emotional roller coaster this week. Don't fret; just ride it out and let things settle down. A Pisces shows understanding.
Leo (July 23 to August 22) Do something different for once – compromise. A stubborn stand on an important issue proves counterproductive. You need to be open to new ideas.

Virgo (August 23 to September 22) A friend offers advice that you perceive as an act of betrayal. But before you turn against the messenger, pay attention to the message.
Libra (September 23 to October 22) A year of riding an emotional pogo stick finally settles down. Use this calmer period to restore frayed relationships and to pursue new opportunities.
Scorpio (October 23 to November 21) Your words can sting, so be careful how you respond to a friend's actions. A calm approach could produce some surprising facts.
Sagittarius (November 22 to December 21) Be careful about whose secrets you're being asked to keep. They could impose an unfair burden on a straight arrow like you.
Capricorn (December 22 to January 19) While you prefer taking the tried-and-true course in life, be adventurous this week and accept a challenge that can open new vistas.
Aquarius (January 20 to February 18) Your strong sense of justice helps you deal with a job- or school-related situation. Stay with your principles. A Sagittarius emerges as a supporter.

Pisces (February 19 to March 20) You need to build a stronger on-the-job support system to convince doubting colleagues that your innovative proposals are workable.
Born This Week: You might not say much, but you're capable of extraordinary achievements. You are a loyal friend and a devoted family person.

MOMENTS IN TIME

• On May 30, 1431, in Normandy, Joan of Arc, the peasant girl who became the savior of France, is burned at the stake for heresy. Her most serious crime was her rejection of church authority in favor of direct inspiration from God. She was 19 years old.
• On May 26, 1897, the first copies of the classic vampire novel *Dracula*, by Irish writer Bram Stoker, appear in London bookshops. Stoker had originally named the vampire "Count Wampyr."
• On May 29, 1914, in one of the worst maritime disasters in history, heavy fog causes a collision of boats – the *Empress of Ireland* and the

Storstad – that kills 1,073 people on the St. Lawrence River in Canada.
• On May 24, 1935, the Cincinnati Reds beat the Philadelphia Phillies 2-1 in Major League Baseball's first-ever night game, played under recently installed lights at Crosley Field in Cincinnati. The game drew 25,000 fans as President Franklin D. Roosevelt symbolically switched on the lights from Washington, D.C.
• On May 27, 1943, a B-24 carrying U.S. airman and former Olympic runner Louis Zamperini crashes into the Pacific Ocean. After surviving the crash, Zamperini floated on a raft in shark-infested waters before being picked up by the Japanese and spending two years in brutal prison camps. His story of survival was featured in the 2010 book *Unbroken*, by Laura Hillenbrand.
• On May 28, 1961, the British newspaper *The London Observer* publishes British lawyer Peter Benenson's article *The Forgotten Prisoners*, launching a movement that later became Amnesty International.
• On May 25, 1994, the ashes of 71-year-old George Swanson are buried

continued on page 22

 FRIDAY Cloudy High: 85 Low: 72	 SATURDAY Few Showers High: 80 Low: 69	 SUNDAY Few Showers High: 84 Low: 71	 MONDAY Partly Cloudy High: 86 Low: 75	 TUESDAY Mostly Cloudy High: 85 Low: 72	 WEDNESDAY Mostly Cloudy High: 88 Low: 77	 THURSDAY Mostly Sunny High: 86 Low: 73
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	10:36 am	3:26 am	9:56 pm	3:55 pm
Sat	10:56 am	4:09 am	11:19 pm	4:57 pm
Sun	11:18 am	4:47 am	None	5:52 pm
Mon	12:34 am	5:20 am	11:43 am	6:43 pm
Tue	1:44 am	5:49 am	12:12 pm	7:34 pm
Wed	2:55 am	6:12 am	12:45 pm	8:25 pm
Thu	4:09 am	6:28 am	1:22 pm	9:19 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	9:41 am	3:28 am	9:01 pm	3:57 pm
Sat	10:01 am	4:11 am	10:24 pm	4:59 pm
Sun	10:23 am	4:49 am	11:39 pm	5:54 pm
Mon	10:48 am	5:22 am	None	6:45 pm
Tue	12:49 am	5:51 am	11:17 am	7:36 pm
Wed	2:00 am	6:14 am	11:50 am	8:27 pm
Thu	3:14 am	6:30 am	12:27 pm	9:21 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	9:50 am	3:35 am	9:42 pm	3:48 pm
Sat	10:25 am	4:16 am	11:01 pm	4:47 pm
Sun	10:59 am	4:58 am	None	5:44 pm
Mon	12:09 am	5:40 am	11:32 am	6:39 pm
Tue	1:04 am	6:22 am	12:05 pm	7:32 pm
Wed	1:55 am	7:03 am	12:38 pm	8:25 pm
Thu	2:51 am	7:45 am	1:15 pm	9:20 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	12:46 pm	6:42 am	None	7:11 pm
Sat	12:06 am	7:25 am	1:06 pm	8:13 pm
Sun	1:29 am	8:03 am	1:28 pm	9:08 pm
Mon	2:44 am	8:36 am	1:53 pm	9:59 pm
Tue	3:54 am	9:05 am	2:22 pm	10:50 pm
Wed	5:05 am	9:28 am	2:55 pm	11:41 pm
Thu	6:19 am	9:44 am	3:32 pm	None

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From page 20

Moments In Time

in Pennsylvania in the driver's seat of his 1984 white Corvette. Swanson, a U.S. Army sergeant during World War II, had acquired 12 cemetery burial plots so his beloved Corvette would fit in his grave with him.

NOW HERE'S A TIP

- CSR in Florida sends this reminder: Pull out the plugs on toasters, microwaves, etc. Appliances still draw a bit of power when not in use but plugged in.
- Fasten buttons, zippers and other closures before laundering a garment. This is especially important for any item that includes a hook-and-loop closure. The hooks will catch on other garments, and best case will be filled with lint. Worst case: They can tear at the threads of other items of clothing.
- If you have a bunch of your family's historical documents, make sure you scan them and preserve them for future generations. It's always nice to forward copies to relatives – you never know when someone will get involved in

genealogy and really want to see those birth records, baptism certificates and baby photos.

- You can sharpen knitting needles with a pencil sharpener. You also can use an emery board. Sharp needles work best.
- "If you have two pairs of similar slacks – one navy and one black – you can put a safety pin through the tag on one of them so you can tell them apart. I have a pin in the navy slacks. They really do look similar until you're out in the light." – TL in Virginia
- Make chopping walnuts easier: Put some in a bowl, and nest another bowl into it, then rock the top bowl back and forth to crush the walnuts.

STRANGE BUT TRUE

- The rarest shape for a human nose is the bulbous type, exemplified by former U.S. President Bill Clinton.
- Smuggling a cat out of ancient Egypt was punishable by death.
- A variety of corn grown in Peru has kernels so large that they're eaten individually.
- After impressionist painter Claude Monet developed cataracts, he agreed

to have surgery on his right eye only. It is believed that afterwards he could see and paint a wide spectrum of colors usually not seen by the human eye.

- Dinosaurs often swallowed large rocks, which stayed in their stomachs and helped them grind up food.
- One in 23 million people have an allergy to water.
- In 1631, royal printers Robert Barker and Martin Lucas published a Bible containing the typo "Thou Shalt Commit Adultery." As if that weren't embarrassing enough, another misprint, in Deuteronomy, substituted the word "greatnesse" with "great-asse." Barker and Lucas were fined 300 pounds and lost their printing license. Less than a dozen copies of what came to be known as the "Wicked," "Sinful" and "Adulterous" Bible are known to exist today and are highly prized by collectors.
- On average, a person's eyes make 15 to 30 gallons of tears a year.
- A rainbow's arc is relative to the position of the person observing it, so it is impossible for two people to actually see the exact same one.
- The air around a lightning bolt is five times hotter than the surface of the sun.

- While rare, there have been enough reported cases of strokes triggered by spa massage treatments that the medical community has nicknamed the phenomenon "beauty parlor stroke syndrome."
- Altocalciphilia is a fetish for high heels.

THOUGHT FOR THE DAY

"Ambition is the path to success. Persistence is the vehicle you arrive in."
– Bill Bradley

TRIVIA TEST

1. **Law:** What is the subject matter of the Seventh Amendment to the U.S. Constitution?
2. **History:** What was the bloodiest single-day battle of America's Civil War?
3. **Medical:** What is a common name for somnambulism?
4. **Geography:** What is the capital of British Columbia in Canada?
5. **Music:** What was Elvis Presley's last No. 1 hit?
6. **Science:** Which two elements on the Periodic Table are liquid at

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5/14 * 5/21

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4/24 * TFN

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- Warn to Pass
- Wear a Helmet
- Use Lights at Night
- Always be Courteous

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TOURIST DEVELOPMENT COUNCIL

- standard room temperature?
- 7. **U.S. Presidents:** Which president had the most children?
 - 8. **General Knowledge:** What is the Pritzker Prize given for?
 - 9. **Literature:** Which novel was the first to feature a place called King's Landing?
 - 10. **Television:** Which animated TV character's favorite expression was "Hokey Smokes!"?

TRIVIA ANSWERS

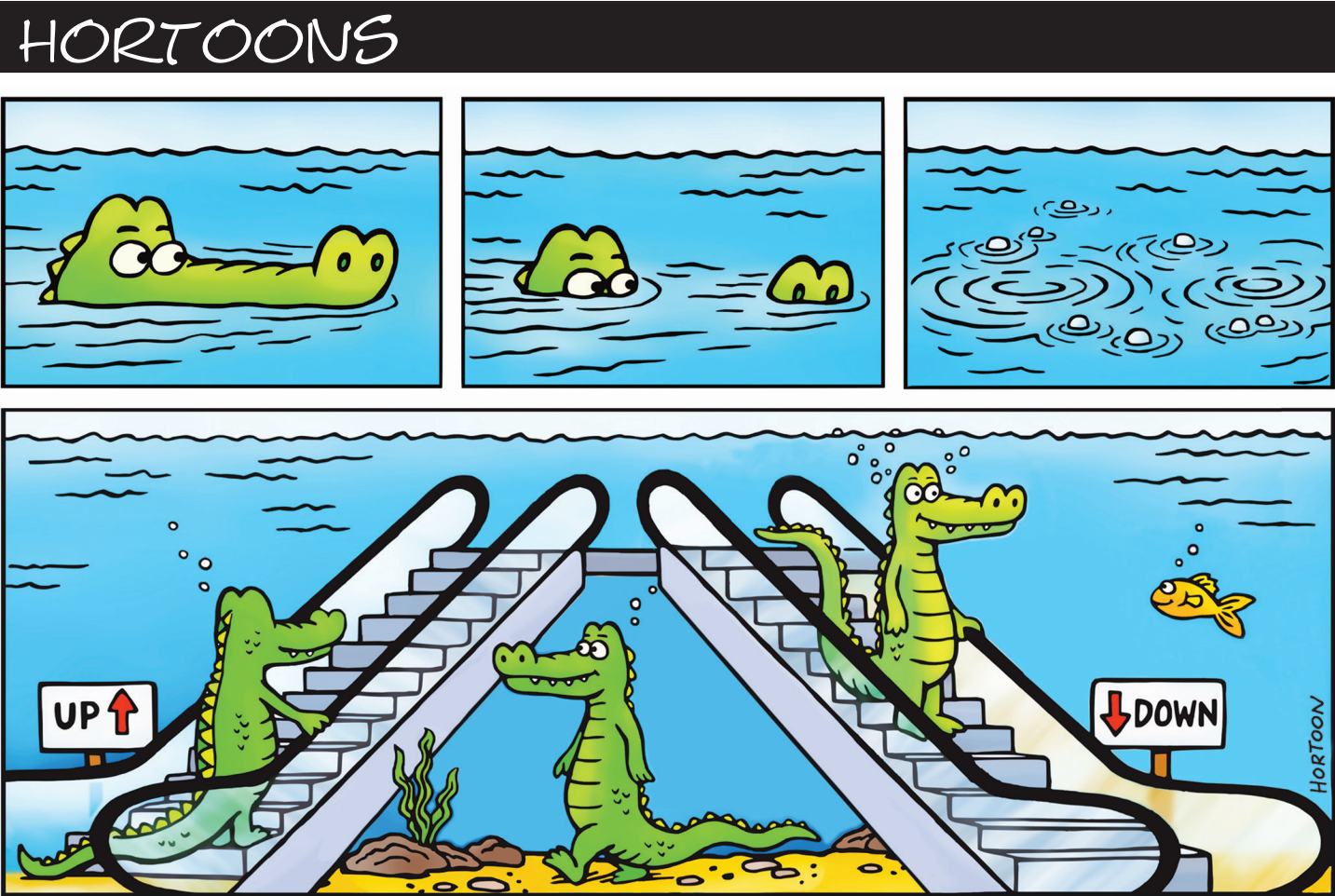
1. Right of trial by jury in civil cases
2. Antietam
3. Sleepwalking
4. Victoria
5. *Suspicious Minds*
6. Mercury and bromine
7. John Tyler (15 children by two wives)
8. Lifetime achievement in architecture
9. *A Game of Thrones*, the first in a series called "A Song of Ice and Fire"
10. Rocky Squirrel on *The Bullwinkle Show*.

SCRAMBLERS ANSWER

- 1. Scowl
- 2. Speak;
- 3. Eschew;
- 4. Reign

Today's Word

RECIPES



PUZZLE ANSWERS

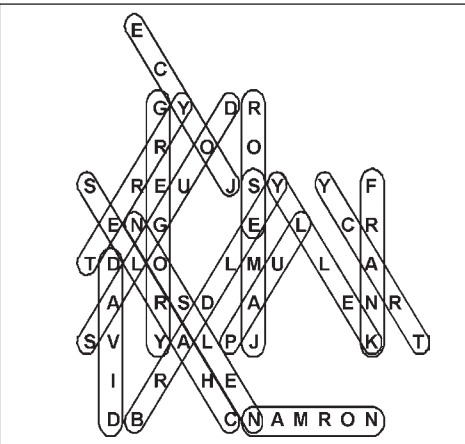
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R	A	B	B	I	A	G	A	V	E	A	C	M	E	E	L	B	E
E	L	L	I	S	D	O	W	E	L	P	L	A	Y	N	O	R	M
D	O	U	B	L	E	D	O	O	R	S	P	A	N	E	S	W	A
D	E	R	A	V	I	D	L	Y	P	E	S	O	E	L	E	N	A
G	O	T	T	I	S	M	A	S	H	R	E	A	P	R	E	W	A
M	I	R	A	C	L	E	M	I	L	E	S	C	I	E	D	D	Y
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A	L	B	E	I	T	S	A	F	A	R	I	S	M	E	A	N	E
S	O	L	I	D	S	O	L	U	T	I	O	N	G	O	D	E	N
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I	S	A	I	A	H	D	I	E	S	E	L	M	I	S	S	A	
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S	P	E	D	M	E	R	E	G	A	T	O	R	S	C	A	L	E

KING CROSSWORD

B	E	E	T	F	E	D	C	H	U	B
A	L	T	O	I	T	S	A	E	R	O
B	A	R	T	L	E	T	R	A	G	E
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S	H	U	N	E	M	U	L	E	N	A
T	O	M	S	D	E	S	K	E	E	P

MAGIC MAZE



SUDOKU

6	7	1	2	5	3	4	8	9
3	9	8	4	6	7	1	5	2
5	2	4	9	1	8	7	3	6
1	8	5	6	3	9	2	7	4
9	4	3	7	2	5	6	1	8
7	6	2	1	8	4	3	9	5
4	3	7	5	9	2	8	6	1
8	5	6	3	4	1	9	2	7
2	1	9	8	7	6	5	4	3

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Coral	Cape Coral	2014	6,653	\$2,900,000	\$2,650,000	112
Shell Harbor	Sanibel	1969	2,371	\$2,689,000	\$2,639,000	0
Costa Amalfi	Miromar Lakes	2015	3,930	\$2,595,000	\$2,500,000	120
Captiva Beach	Captiva	2004	2,531	\$2,150,000	\$2,150,000	16
Bonita Beach	Bonita Springs	2004	3,112	\$1,950,000	\$2,050,000	1
San Mateo	Fort Myers	2005	4,140	\$2,100,000	\$2,000,000	28
Cape Coral	Cape Coral	2007	4,519	\$1,899,900	\$1,850,000	165
Harborage	Fort Myers	1991	4,823	\$1,800,000	\$1,750,000	29
Shell Harbor	Sanibel	1974	2,250	\$1,895,000	\$1,750,000	194
Terabella	Fort Myers	2005	5,034	\$1,600,000	\$1,600,000	0



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